

Organisation Name		Reference code
Angus Carers Association		2021-05-YC002
Organisation Address		
Angus Carers Centre 3 Fisheracre Arbroath DD11 1LE		
Website Address		
www.anguscarers.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	SCO 26052	1996
Community Interest Company	Registered Companies House Number	Date Registered
No	SC212062	2000
<b>Please describe the needs that this project will address</b>		
<p>According to the Tayside Plan for Children, Young People and Families 2017-2020 there are currently 77,451 children and young people aged 0-17 years living in Tayside. This means that 19% of our total population of 415,040 is under the age of 18. Carers Trust Scotland estimate that 1:10 young people have a caring role. According to Angus Community Plan 2017-2030 16.6% of the population is aged 18yrs and below. As of August 2018, there are an estimated 788,000 people in Scotland who are caring for a relative, friend or neighbour. This includes 44,000 who are under the age of 18. 1:10 young people at school were thought to have a caring role. However with the impact of COVID this is now recognised that 1:5 young people at school are thought to have a caring role. "2020 Vision: Hear me, See Me, Support Me but don't Forget Me": <a href="https://carers.org/downloads/scotland-pdfs/2020-vision.pdf">https://carers.org/downloads/scotland-pdfs/2020-vision.pdf</a> The impact of COVID has seriously impacted young carer identification and the number of Young Carer Statements being completed within school settings. The results of a Carers Trust Scotland survey into the impact of Coronavirus on young carers aged 12 to 17 and young adult carers aged 18 to 25 was published in July 2020. This points to a steep decline in the mental health and wellbeing of thousands of young people across Scotland who provide unpaid care at home for family members or friends. The Carers (Scotland) Act 2016 came into force on 1st April 2018. The Act sets out a duty on local authorities to prepare a Young Carer Statement (YCS) for carers who are under 18, or over eighteen but still at school. The YCS sets out the young carer's identified needs and any supports to be provided to meet those needs and achieve personal outcomes. A Young Carer Development Worker would be able to develop and promote the young carers statement within Angus schools. (Angus Carers Centre has recently been successful in being included in the Education Service Flexible Framework, which includes Angus schools) The Education (Additional Support for Learning) (Scotland) Act 2004 identifies young carers as a specific group that may need additional support for learning to overcome barriers to learning caused by their caring responsibilities. In addition to these factors young carers can: • be distracted (for example, checking their phone often) or be quiet/withdrawn, • be secretive about their home life, • feel pressured to remain in a caring role and not progress onto further education, • get no time at home to learn or study due to hectic or chaotic home life, and • lack of parental/guardian support for regular school activities such as parents nights/open days. Every young person has the right to be offered a young carers statement. It is an opportunity for the young person to let others know anything that might support them and what they want to achieve in their life. It allows schools to plan support for the young person to meet their goals and highlight where the need for external support is necessary. Angus Young Carers Service, (AYCS) has</p>		

existing experience and knowledge in supporting young carers when the level of impact (and risk) is “Critical” or “Substantial”. We have first-hand experience in being involved in the pilot of Young Carers Statement within Angus and helping develop the Angus Education Department -Young Carers Policy within schools. We work with schools to promote the Young Carers Statement and Young Carers Identification although we could reach many more young carers and professions if we had a full time Young Carer Development Worker with this specific remit.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

• Young Carers have the support to achieve educational success and not be disadvantaged in school because of their caring role • Learning support is put place, based on the recognition of the young carers, caring responsibilities, including flexible learning to ensure young carers do not miss out on learning opportunities because of their caring role. • All school based staff, (teaching and non-teaching, office/administration, and canteen workers) engage and contribute to young carers learning programmes with the following learning: □ How do to I identify young carers? □ How am I helping young carers be ready to learn and then engage in learning? □ What could I do more of, less of, or differently to support young carers? □ How can partnership working, with other practitioners, parents, the wider community, and partners, be developed further to better support young carers’ wellbeing and to achieve better educational outcomes? □ What professional learning do I need, or can I offer, to support practitioners who work with young carers?

**What are the key activities you will undertake with this funding?**

This grant will allow us to create a full time Young Carer Development Worker who will • Provide a consistent “Young Carers Leads” in each primary and secondary schools across Angus. • Increase service capacity to work with more young carers who have a critical or high impacting role. • Increase our response times to new referrals. • Reduce the Service Co-ordinators case load to allow them time to establish and developed the Angus Young Carers Strategic Partnership Group, including the sustainability plan for the Young Carers Service. And as part of the wider AYSC will work towards; • Increase Young Carer Identification in school and the community. • Raise Young Carer Profile with young people • Ensure an updated “Young Carers in Schools” Policy is established and embedding a Young Carer Identification & Awareness annual with professionals to ensure the policy is implemented, including the modernisation of the Young Carers ID Card. • Provide training to services and key stakeholders out with the Education Department • Increase the number of Young Carer Statements completed in Angus.

**Who will be responsible for overseeing and delivering this work?**

The Young Carers & Families Services Coordinator will oversee the work of the Development Worker. The Young Carers Development Worker (funded by The Triangle Trust) will deliver the outcome for this programme Main Aims Work with education and other agencies to identify young carers in Angus who meet the criteria for this project Undertake assessments of prospective young carers and identify supportive interventions required to support them in their caring roles Provide information, advice, and support to those young carers on an individual and group basis Develop and deliver young carers training programmes Undertake group work and organise social and leisure activities for young carers including residentials Raise public awareness of the needs and rights of young carers and their families Main Tasks Establish links and develop opportunities for collaboration or co-working with agencies involved with young carers e.g. education, health, social work, youth groups, voluntary organisations etc. and to raise awareness in respect of this project Provide training to other professionals about young carer issues as needed Use principals of good case management in all aspects of the role Undertake an assessment

**How will your organisation continue to sustain this project after the grant ends?**

We are currently recruiting a Trusts & Grants Manager (Fundraising). This is a new post, created on a full time basis to work with the management team and Board of Directors to

support our strategic aim of increasing our unrestricted funding. During the period of this programme young carers, with our support, will report on the learning & impact of what has worked what is not to influencing strategic groups such as Angus Integrated Children's Strategic Group and Angus Health & Social Care Partnership to ensure that the current programme of Transforming Services/Demand Led Planning systematic support for young carers within the Education Dept. Social Work Dept and NHS Tayside. We will also strive to normalise being a young carer in local communities to reduce the stigma and bullying that young carers tell us about. All of this will allow us to build new partnerships with currently untapped assets in our communities, to make sure young carers have a positive educational experience and positive destinations of their choice when they leave school.

**What expertise and track record do you have to be able to deliver this work successfully?**

Angus Carers Centre was in November 1996 by unpaid carers, our Young Carers Service was established nine years later. Background: Angus Carers Centre is a well-established organisation in Angus. We have close working relationships with other support organisations in Angus and the wider area, meaning we can reach those carers in need of support through a variety of channels. The main sources of referrals into the young carers service, aside from self-referrals, are health, social work, CAMHS, education and other agencies. Our established links with these organisations allows us to reach the most vulnerable carers in the community. Partnership Working: Angus Carers Centre represents unpaid carers at the Angus Strategic Planning Group, which reports to Angus Integrated Joint Board. The CEO of Angus Carers Centre is the vice chair of the Angus Carers Strategic Partnership. This partnership oversees the improvement plan of the 2019-2022 Angus carers Strategic Plan and ensures that unpaid carers are central to this work. We also have had a lead role in the establishment of a unique Third Sector Collaborative. This is an independent membership group of 16 local charities and Social enterprises who work together to support and strengthen the third sector in Angus. We also regularly participate in the Angus Third Sector Children's Forum and have been part of the Angus multi-agency GIRFEC for the past two years. Throughout all of this partnership activity we ensure we listen to carers and adapt our service to meet demands in growth and demands in need i.e. the Young Carers Befriending Service which we launched during COVID-19 In 2021 we launched our new website which makes access to information and support for carers and agencies easier. Our Adult Service developed and launched a TRIAGE system that targets carers with high levels of caring to be identified and receive immediate support. We are keen to develop this in our Young Carers Service.

**Explain how the grant will be spent?**

We will employ our first full time Young Carer Development Worker who will be our lead contact with each schools carers champion. The worker will build relationships with teaching and non-teaching staff in school communities across Angus. This will work towards a greater understanding of what being a pupil in the school with caring responsibilities is like. We will make the referral pathway for adults in the school as simple as possible, building on systems which they already use to encourage young carers to seek support from us, as well building a community of support for young carers in school and in the community. We will build a strong monitoring & evaluation thread throughout our work find out if it has made a difference to young carers. Young Carers Development Worker (F/T 35 hrs per week)- £26,496 Travel, Training, Agile working Support (Laptop & Mobile Phone) - £3,504 Year 2 Young Carers Development Worker (F/T 35 hrs per week)- £26,496 Travel, Training, Agile working Support (Laptop & Mobile Phone) - £3,504

**Will you be receiving funding from any other sources for this project?**

No

Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.

Yes

Reason why not all staff have DBS checks.	
Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£60000	1/10/2022
How much funding is required each year? (Maximum of £30,000 in year one.)	
Year 1	Year 2
£30000	£30000
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£649175	£654456
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£206688	

Organisation Name		Reference code
Care for the Carers		2021-05-YC005
Organisation Address		
Highlight House 8 St Leonards Road Eastbourne BN21 3UH		
Website Address		
www.cftc.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1074906	1990
Community Interest Company	Registered Companies House Number	Date Registered
No		
<b>Please describe the needs that this project will address</b>		
<p>There are a large proportion of young carers in East Sussex not receiving any support at all: there are at least 21,000 young carers in East Sussex (ESCC, 2019), prior to the pandemic, with the likelihood that this number has increased by 50% to 40,500 because of the pandemic (Carers Trust, 2020). There is very little specialist support for young carers in the county, with only those with the highest level of need receiving any support and no groups or activities- this equates to less than 1% of all young carers in the East Sussex receiving support. As a result, we launched our new Young Carers programme in January this year. Our aim is to deliver a range of services that meet young carers needs, based on what they tell us they would like to see. We know there is a great need to identify and support young carers within education in the local area. Nationally there is a large amount of evidence of the impact caring has on young carers' education engagement and outcomes: - They have significantly lower attainment at GCSE level – the difference between nine Cs and nine Ds (The Children's Society, 2013). - 27% of young carers aged 11–15 miss school or experience educational difficulties (Dearden, C, Becker, S, 2004). - A quarter of young carers said they were bullied at school because of their caring role (Carers Trust, 2019) The pandemic has further increased the difficulties young carers face in education, with a Carers Trust report finding: - 56% of young carers said their education is suffering. - 44% of young carers would like more support with their education. - 41% of young carers said they didn't have enough time to spend on schoolwork. Young carers we currently support report difficulties at school, a lack of understanding from their teachers and the need for more support. For example, Kirsty, who is eleven years old, has been struggling with the transition to a new school, she has felt misunderstood by her teachers, has had difficulty managing the expectations of a new school environment and has found school work demanding. Alex, who is 15 years old, was struggling at school to feel understood by teachers and was often very verbal or physical feeling the need to protect herself and not knowing how else to behave. The Young Adult Carers (aged 16-25 years old) who helped design the Young Carers programme, frequently talked about the struggles they experienced with their education, and teachers not knowing they needed support or how to support them. We would like to offer personalised and individual tuition support to young carers. Tuition will give young carers an opportunity to have focussed and dedicated support around areas they are struggling and/or have fallen behind with, maybe because they are distracted at school as they are anxious about what is happening at home, they haven't had the time or space to do homework, or due to repeated absences from school. Through tuition they will build confidence and self-belief in their education, as well as developing techniques to support their learning in the longer term. It will</p>		

also give us an opportunity to reach young carers, helping engage them and give them the chance to have their voices heard. There is no mechanism for young carers to have their say on what they need to support their education outcomes. We have some anecdotal feedback from the young carers and young adult carers that we support, as cited above, however there are no opportunities more broadly for young carers to be heard. The recent tender for young carers services didn't include any engagement work with young carers themselves, and the last formal engagement work with young carers in East Sussex was conducted in December 2015, with the landscape significantly changing since then. Current services do not have the ability to support young carers voices, due to a lack of funding and only being able to focus support on those with the greatest need. For example, at our Carers Conference we had to cancel the young carers workshop, as the statutory young carers service provider, Imago, couldn't generate any interest. They have been unable to reach or support the majority of young carers in the county, because of the limited provision available- therefore most young carers have been unable to have their say. Those young carers we have spoken to consistently tell us how frustrated they are that their voices aren't being heard, and that decisions are being made about what they need, without consulting them. They are frustrated by the lack of support in the county, and want their say on what they need. We want to prioritise young carers voices and promote them within schools and when developing services to support their educational outcomes. The tuition will help us support young carer's immediate educational needs, and reach young carers in schools, helping to engage with them and build a network who can share their stories and impact current and future provision. Schools are incredibly important in reaching and supporting carers, but many don't receive the support they need to do this. Schools are well placed to identify and support young carers, however many struggle with capacity or the resources to do this, with only one in ten young carers receiving support from their school or college (DoE, 2017). There are a lack of opportunities for them professionals to connect with one another, access peer support, collaborate and access best practice information. We want to create a professional network for those working in schools and community settings, helping them to learn through each other's experiences, recognise and build on what works, support one another and create a consistent approach to supporting young carers across the county. As a result, more young carers will be identified and supported.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

- Increased awareness of young carers issues in schools, as they are supported to identify young carers and understand their experiences - Improved confidence from professionals in school and community in supporting young carers educational outcomes, as they receive support and advice through network and hear from young carers directly through Steering group. - Increased confidence and self-esteem of young carers as they are supported to have their voices heard and influence the services they receive - Increased sense of identity from young carers, as they are supported to have their voices heard and engage with services, meeting other young carers in the process. - Improved support to young carers within school and community settings, as professionals listen to what young carers say they need - Reduced absences for young carers, as they are identified and supported in their education - Higher educational achievement, as absences and behaviour improve, and young carers who need it receive extra educational support through tuition. Also, as their voices are listened to, and they receive the support that they need. - Increased access to specialist support and services, as number of referrals into young carers service and respite activities increase - Development of a clear strategic direction for young carer support, based on engagement with young carers and school professionals, with evidence that can be used to influence key decision makers - Increased recognition of young carers and their needs, as they are engaged with and their views shared, with Care for the Carers able to advocate on their behalf.

**What are the key activities you will undertake with this funding?**

We will run a pilot project with four secondary schools and four feeder primary schools, to develop voices of young carers in education. Year 1: - Establish Young Carers Steering group - Establish tuition service, work with schools to identify young carers who would benefit from extra support - Help Steering group speak up and out about caring and the impact on education including feeding into East Sussex Youth Cabinet, Youth Employability Service and other local networks. - Help Steering group influence refresh of national Carers Trust and Children's Society 'Young Carers in Schools Programme' - Integrate Steering group into service planning for new Young Carers Programme - Create professional network for those working in schools and community settings, to support educational outcomes of young carers. - Produce report on needs of Young Carers in East Sussex - Support young carers to produce video on their needs Year two - Continue work from Year 1 - Work with young carers within schools to become "young carers champions" - Promote report and video across networks - Use report to influence strategic planning for young carers locally - Work with partners to begin to address the needs highlighted in report

**Who will be responsible for overseeing and delivering this work?**

Rosie Lowman, Young Carers Service Manager. Rosie is responsible for the development and management of the newly established Young Carers Service. The Service was established in early 2021, and has established a regular programme of activities and outings including monthly clubs, online groups and creative activities such as drama, photography and mindfulness. Rosie sits on the Youth Infrastructure Forum, Active Sussex Network, Mental Health Support Team Oversight Group and the Carers Trust National Young Carers Steering Group and builds partnerships with other local voluntary and community groups to raise the awareness of young carers across children and young people's services. Rosie joined Care for the Carers in December 2020, having previously worked as a local authority Commissioner, a Service Delivery Manager in education and having previously managed Young Carers Services. We will recruit a part time School Engagement Worker to provide additional capacity, running the Young Carers Steering group and Professional Network. This post may be suitable for someone who has caring responsibilities; we will ensure it is widely advertised and promoted, encouraging carers to apply, including Young Adult Carers.

**How will your organisation continue to sustain this project after the grant ends?**

a) Work with pilot schools to ensure that learning is embedded, including - Continued engagement with Young Carers Steering group - Ongoing delivery of Professional Network - Support of Young Carers Champions b) Work with schools across East Sussex to implement policies to support young carers through - Dissemination and promotion of report and video - Opening up Professional Network - Promotion of available young carers services and support - Promote roll out of updated 'Young Carers in Schools' programme c) Fundraise for next stage of project including: - Ongoing Schools Engagement Worker post - Roll out of learning from engagement work, implementing best practice in schools - Provide well-evidenced engagement report, promoting young carers voices and evidencing impact on educational outcomes and need for additional support - Work with local authorities to promote Young Carers Steering group, ensuring they are integral to development of services for young carers d) Seek support from Triangle Trust to - Network with fellow grantees, increasing knowledge of best practice and sharing of ideas - Build capacity, to enable us to plan longer term goals and sustainability of project

**What expertise and track record do you have to be able to deliver this work successfully?**

We are the leading organisation supporting carers in East Sussex and the recognised Carers Centre. As a strategic partner of the local authority and single point of access for all carers locally, we build relationships with other local organisations/groups to support carers needs and are therefore very well placed to deliver engagement work, building partnerships and developing services for young carers. We have successfully developed community based solutions to carers needs, led by the feedback received from them- including development of activities, and specialist support for carers from diverse backgrounds. We have also established successful networks, with the goal of supporting carers needs, including the VCS

Carers Network for East Sussex. We support over 7,700 carers a year through a range of services. In our recent Annual Survey 95% of carers reported that we helped them as a carer, and 91% felt their health and wellbeing improved as a result. "Fantastic support, massive thank you for the wonderful work you do" "I think you are doing a great job - your counselling service was a lifeline to me at a very dark time." Our staff are experienced and dedicated to supporting carers; all our Senior Management team and over 50% of our Trustees have experience of caring, some specifically as young carers. Our Young Carers Service Manager has substantial experience in establishing and delivering young carers support, and involving children and young people in the design and running of services. We have run a successful Young Adult Carers programme (for young people aged 16-25 years old) for several years and for the last two years have been delivering a BBC Children in Need funded counselling service for young carers that has produced excellent outcomes. "I think that I've bonded with someone through rough times and can express my feelings."

**Explain how the grant will be spent?**

Young Carers Services Manager, 7.5 hours a week (£14,290) to deliver project aims: - Recruitment, training and management of Schools Engagement Worker - Lead on development of Young Carers Steering Group, Professionals network, and production of report - Manage referrals, and support young carers through wider programme Schools Engagement Worker, 15 hours a week, term time only (£13,773) to deliver project outputs including: - Run Young Carers Steering group and Professionals Network - Manage referrals for tuition - Identify and support young carers champions Strategic management hours, 2 hours per week (£4,818) for: - Supervision and support of Young Carers Services Manager - Oversight of Young Carers programme development - Embedding programme within service delivery model, ensuring sustainability and effective systems and processes in place to support programme - Promotion of project through networks and representation on health and social care boards. Delivery costs: recruitment (£250), staff training (£300), staff travel (£1,000), resources/refreshments (£1,100), video (£1,000), tuition (200 hours/year), £14,000 Administrative support: Office costs (£7,060), publicity and promotion (£1,000)

**Will you be receiving funding from any other sources for this project?**

No

Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.

Yes

Reason why not all staff have DBS checks.

Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
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£58591

1/1/2022

How much funding is required each year? (Maximum of £30,000 in year one.)

Year 1	Year 2
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£29006

£29585

What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
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£941819

£2230954

What value of reserves/assets did your organisation have at the end of the most recent financial year?

£171595



Organisation Name		Reference code
Carers Forum Stirling Area t/a Stirling Carers Centre		2021-05-YC008
Organisation Address		
Kintail House Forthside Way Stirling FK8 1QZ		
Website Address		
www.stirlingcarers.co.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	SCO20213	1991
Community Interest Company	Registered Companies House Number	Date Registered
No	SC165487	1996
<b>Please describe the needs that this project will address</b>		
<p>The negative impact of caring manifests itself in different ways, but can have a direct impact on the education and academic achievement of our young carers, and it is these needs which our project will address. For some of our young carers, their caring role impacts on their physical health and well-being, be that through lack of sleep, poor diet, or stress. This can then affect their ability to concentrate at school and to be able to manage their homework/exams. For others, their mental and emotional health is affected. Many of our young carers struggle to cope with the additional responsibilities that they have to manage at a young age, often providing practical, physical and/or emotional support to their cared for. This can in itself manifest into poor mental health problems including anxiety, depression and sadly becoming more common is the use of self-harm as a coping strategy. Specifically, in regards to education, this can affect their performance at school and they can lose focus and motivation, which in turn can impact negatively on higher education prospects. For some of our young carers, their caring role impacts negatively on the relationships they have with those around them particularly their peers, as they can struggle to have a life balance and maintain friendships. This can lead to them feeling very socially isolated which can make attending school more challenging as they can feel excluded. For our older young carers managing to even find time to apply let alone, get a place at College or University be very difficult. Add onto this, some of the negative impacts mentioned above, and it is no surprise that Young Adult Carers aged 16 and 18 years are twice as likely to be not in education, employment, or training (NEET) (Carers Trust 2020). We have identified these needs through the support we provide to our young carers. From conversations during group sessions, to information gathered from young carers reviews and from 1:1 sessions, through to more formal evaluation methods, such as our mid year and annual service evaluations. In addition, when a young carer registers with our Young Carers Service, they complete a detailed Young Carers Statement which gathers information surrounding their caring responsibilities and how it impacts on their life. This information is fed back to the Scottish Government through the Carers Census. In the last couple of years, the data gathered provides strong valuable information regarding the needs of our young carers. Our 2021 Census data gathered from 199 young carers showed: • 42% (92 YCs) have been caring for more than 3 years • 38% (76 YCs) care for between 5 and 19 hours per week whilst 26% (52 YCs) care between 20-34 hours per week • 88% (145 YCs) reported that their caring role impacted on their emotional wellbeing, whilst 82% (135 YCs) reported that they struggled to maintain a life balance. Sadly, COVID 19 has only exacerbated the need for enhanced support for many young carers. This is reflected in almost a 10% increase in enquiries over the last year, and that our</p>		

service is operating at full capacity. Our young carers staff have observed through providing 1:1 and groups support (online) increasing levels of anxiety and stress amongst our young carers with some having faced increasing caring responsibilities due to COVID. Data from our Carers Census data from 2019, two years ago, showed that 48% reported that their emotional well-being has been negatively affected by their caring role, whilst 45% said their life balance has been affected, substantially lower than the current statistics detailed above. Arguably the impact of COVID has had a large part to play. Trying to manage caring responsibilities alongside home schooling has proved challenging, and we have had a number of parents of young carers contacting us in recent months to ask if we could help them liaise with the school over home schooling difficulties. These difficulties are reflected in statistics from Carers Trust Scotland survey (July 2020) which surveyed over 200 young carers across Scotland and found that:

- 11% of both young and young adult carers in Scotland report an increase of 30 hours or more in the amount of time they spend caring per week.
- 58% of young carers in Scotland are feeling that their education has suffered since Coronavirus.
- 69% of young carers and 76% of young adult carers in Scotland are feeling more stressed since Coronavirus.

In addition to these needs, young carers staff have become aware in recent years of some additional needs that our young carers have been presenting with that this project will aim to support, namely that at key stages of transition both from primary to secondary school and for leaving secondary school that more support would be beneficial. For those YCs leaving primary school, anxiety can increase. Through our project and having the additional support of YC Staff they already know, it is anticipated this will help to ease the anxieties they feel around a new school and the impact this may have on their caring role or vice versa. When our young carers are about to leave school, we often find that they leave the service at this stage, despite the fact they could benefit from our YAC service. Through an enhanced transition, this will allow them to continue to receive specialist support to help them navigate the next stage of their lives, be that into higher education or employment, alongside the responsibilities of their caring role, which we know from the statistics above, can be particularly challenging. These are the needs of the young carers we know of. We are aware that there are still hidden young carers who have unmet needs and could benefit our support, which we intend our Young Carers Education Project will help to identify.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

Through the provision of our direct 1:1 and group support, alongside indirect support to teaching staff, detailed below are the key outcomes that we would aspire for our young people to achieve:

- Young Carers will be equipped with tools to help them cope better in balancing school and their caring roles which in turn, will result in improved school attendance
- Young Carers will report feeling less stressed and have improved mental health and wellbeing, resulting in improved academic performance, including exam results/homework
- Young Carers will feel report feeling more included at school and have improved relationships with their peers/teaching staff

For those attending the enhanced transition programme, there are two key additional outcomes that we would hope to achieve for our young carers:

- For our primary age young carers: Young Carers will report feeling less anxious and more supported to start High School
- For secondary age young carers: Young carers will report feeling more empowered and confident in regards to moving onto further education, training or employment progress.

Information will be gathered using a range of means including formal evaluation forms and reviews through to more informal methods such as the recording of staff observations from young carers staff. In addition, we will regularly consult with our educational colleagues as to what improvements they have seen our young carers achieve. Soft and hard indicators will be set to help measure the impact made. All these changes will create the strong foundations we believe that our young carers need to achieve an improved educational experience, offering them brighter and happier futures.

**What are the key activities you will undertake with this funding?**

New Developments: •Increase capacity and offer more regular support to all 7 High School groups (currently 5 are run by in school YC Co-ordinators on variable basis) ensuring equal access to the specialist support offered by SYC staff, for all young carers. •Enhanced transitional programmes of support. For primary school YCs , the YC Education Officer will develop a specific programme to be rolled out to all primary schools, so YCs feel more prepared, and aware of the support available, reducing anxiety. For high school YCs, joint 1:1 sessions with YC and YAC officers so that they feel more comfortable with transitioning to the YAC project. This would be offered in S4 working towards the YAC Officer becoming the lead member of staff for those young carers by the end of their final school term. Ongoing services: •1:1 in school support will be provided through block of 12 sessions. The YC Education officer and two other YCs officers will provide this support •Awareness raising sessions: YC Education Officer will carry out sessions at assemblies and events across all 47 schools in Stirlingshire. •YC Education Officer will offer Continuous Professional Development sessions across schools in Stirlingshire to teaching

**Who will be responsible for overseeing and delivering this work?**

Our four YC officers who comprise our YC service will be responsible for overseeing and delivering this work, alongside support from the YAC Officer for high school transitions. YC Coordinator is responsible for the day to day operation of the service, managing the budget, service planning and for the supervision of our YC Team. Overall responsibility for the service, rests with the Chief Executive Officer. Rural YC Officer providing 1:1 support and group support within the rural areas, including within schools. YC Education Officer working within all the schools - coordinating YC groups within schools, carrying out CPD training to teachers, awareness raising within schools and providing 1:1 and group support within a school setting– the grant will make a partial contribution to the salary of this post YC Officer (short break and activities) who arranges the groups and activities for the urban areas but also provides 1:1 support within schools. YAC Officer providing 1:1 support, advice, linkages with further education/health services, and organising short break activities for our YACs – salary contribution towards the YAC officer working with YC officers to provide enhanced transition for secondary school pupils.

**How will your organisation continue to sustain this project after the grant ends?**

As an organisation we take a pro-active & preventative approach towards funding & finances. Through prudent budgeting, monitoring & planning we ensure that we are in the position to effectively identify opportunities & source replacement funding for all our services, which will include this project. Funding from Trusts and Foundations requires a strong approach given the current competition for funding, particularly in regards to finding larger multi-annual funders. To ensure that we are in the best position, we have a robust Funding Strategy aligned to both Short and Long Term Funding Plans, which enables us to build in realistic time frames to explore, develop and submit funding applications to a range of Trusts and Foundations in prior to the end of the funding period. In regards to identifying Trusts and Foundations to apply to we use a range of methods including the use of on-line search engines i.e. DSC, as well as receiving funding e-bulletins and attending Institute of Fundraising Statutory Interest Group for Trusts and Foundations. We hope that these methods, alongside evidence gathered from the impact of the project, combined with our passion and enthusiasm will sustain our service for many more years to come.

**What expertise and track record do you have to be able to deliver this work successfully?**

Our organisation is very well placed to carry out this work. We have gained a wealth of experience through providing support to young carers for over 20 years, and to young adult carers for over 4 years. No other service in Stirlingshire is solely dedicated to the needs of young carers and it is this specialist support is what sets us apart from other projects. This is reflected in the positive impact that our young carers are experiencing in regards to our school support. From our most recent service evaluation (2020): • 74% (20 YCs) said that our education project had helped them to balance their home life and school better e.g. homework/attendance • 81% (22 YCs) said it had helped them feel more respected as a

young carer by people at school • 74% (20 YCs) felt more included in school life due to our support Through our work, we have developed a strong and respected presence within the locality, particularly with our work in schools by our dedicated YC Education Officer. Comments from educational professionals from our most recent service evaluation (2020) support this: • “Incredible service that has provided tremendous support for young people throughout the global pandemic” • “Thank you for everything you do! Fantastic service” • “Support is much appreciated by pupils” We are currently working with Edinburgh Young Carers Service on piloting We Care Awards for schools. This is an award schools can work towards achieving which recognises the policies, practices and supports the school has implemented to support young carers in schools. In 2018, Hannah our YC Education Officer delivered a presentation on our Education Project at VOCAL to European representatives from Eurocarers, meeting YC services from other European countries. Our Young Carers service was Provost Charity of the Year 2017 for the inaugural Stirling Marathon, and we have been featured on both Children in Need (2019) and STV Children Appeal TV programmes.

<b>Explain how the grant will be spent?</b>	
Year 1: Contribution to YC Education Officer salary = £21750 (including NI and Pension) Contribution to Young Adult Carer Officer = £2250 (including NI and Pension) Group in school support costs – 70 groups(7 per month for 10 months)* @ £25 per group = £1750 Training (counselling course for YC Education Officer) - £2000 Total = £27750 Year 2: Contribution to YC Education Officer salary = £21750 (including NI and Pension) Contribution to Young Adult Carer Officer = £2250 (including NI and Pension) Group in School support – 70 groups (7 per month for 10 months)*@£25 per group = £1750 Total = £25750 Overall Total = £53500 *Taking into account school holidays	
<b>Will you be receiving funding from any other sources for this project?</b>	
Yes	
Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.	
Yes	
Reason why not all staff have DBS checks.	
Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£53500	11/1/2021
How much funding is required each year? (Maximum of £30,000 in year one.)	
Year 1	Year 2
£27750	£25750
What was your organisation’s expenditure in the most recent financial year?	What was your organisation’s annual income in the most recent financial year?
£642553	£634513
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£250239	

Organisation Name		Reference code
Cheshire Young Carers		2021-05-YC014
Organisation Address		
Northern Lights Business Park Rossfield Road Ellesmere Port CH65 3AW Ellesmere Port CH65 3AW		
Website Address		
www.cheshireyoungcarers.org		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1151399	2013
Community Interest Company	Registered Companies House Number	Date Registered
No	08277351	2014
<b>Please describe the needs that this project will address</b>		
Based on research from Nottingham University/BBC in 2019 there are estimated to be 10,341 young carers in Cheshire East. Young carers completing our regular "mood monitor" often mark their experience at school as "low" and in further questioning state that schools don't understand their caring role and the impact it can have on their ability to concentrate in class and to complete homework tasks on time. Discussions with schools have identified a lack of training to help their staff identify children who could be a young carer, a lack of resources to support young carers and no acceptable way of measuring the educational impact on a child of their caring role. At GCSE young carers are likely to be nine grades below their peer group.		
<b>What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?</b>		
Schools engaged: 55 (year one) 30 (year two), 85 in total Young Carers identified: 200 (year one) 150 (year two) 350 in total Completed assessments: 375 (some children will come forward but will not be young carers) Referrals to support services: 320 Note: There are 135 schools in Cheshire East so this programme of work aims to positively engage with 63% of the schools as a minimum.		
<b>What are the key activities you will undertake with this funding?</b>		
Cheshire Young Carers has developed an effective programme of work to help schools identify pupils who are potential young carers, we have a tested assessment programme measuring the potential impact on learning outcomes for each pupil identified as a young carer with a series of intervention strategies that can have a positive impact on the learning experience of each young carer. The <b>three-step</b> plan to support pupils who are young carers: <b>Identify</b> Work with schools to help identify and support pupils who are young carers by delivering assemblies/staff briefings/open events. <b>Assess</b> Our unique "Assessment Tool" provides schools with a practical means of quantifying the amount of care a young carer is undertaking, with the algorithm in the background providing reliable estimates of the impact on learning outcomes for each young carer. This then allows schools to consider how they best support the young carer to positively impact educational outcomes. <b>Action plan</b>		

The information from the assessment tool is then used to devise pupil-centered action plans to support each pupil with simple, time-limited strategies designed to generate a significant increase in educational outcomes. They often improve attendance levels and help build resilience in each young carer who goes through the programme.	
<b>Who will be responsible for overseeing and delivering this work?</b>	
Sarah-Jane Dickinson (Education Manager) – day to day operations Graham Phillips (CEO) – overall responsibility Trustee Board – updates on all projects included in all bi-monthly meetings	
<b>How will your organisation continue to sustain this project after the grant ends?</b>	
We believe that the positive outcomes generated by this project will positively support applications to other funders.	
<b>What expertise and track record do you have to be able to deliver this work successfully?</b>	
Our education programme has been developed and delivered in Cheshire West with funding from the Westminster Foundation. Currently in Cheshire West we have; 62 schools engaged in our education programme 206 educational assessments completed 250 young carers now receiving additional respite support As part of our work in North Wales we are engaged in a research project to further investigate the impact of being a young carer on individuals as they enter further education or the workforce. This research is being led by Prof Saul Becker, from Cambridge University who by reputation is Europe's leading expert on young carers.	
<b>Explain how the grant will be spent?</b>	
1.5 Educational Officers to cover Cheshire East Full time role: £26,250 Part-Time role: £12,000	
<b>Will you be receiving funding from any other sources for this project?</b>	
Yes	
Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.	
Yes	
Reason why not all staff have DBS checks.	
Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£60000	12/1/2021
How much funding is required each year? (Maximum of £30,000 in year one.)	
Year 1	Year 2
£30000	£30000
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£325482	£394328
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£144793	

Organisation Name		Reference code
Gloucestershire Young Carers		2021-05-YC015
Organisation Address		
7 Twigworth Court Business Centre Gloucester GL2 9PG		
Website Address		
glosyoungcarers.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1090289	2001
Community Interest Company	Registered Companies House Number	Date Registered
No		
<b>Please describe the needs that this project will address</b>		
<p>Young carers experience particular challenges, their responsibilities at home and the additional worry and stress this can create can impact on their capacity to enjoy and achieve at school. There is a real need for more up-to-date national research on young carers in education but studies over the last two decades show the following: · 27% of young carers (aged 11–15) miss school or experience educational difficulties (40% where children care for a relative with drug or alcohol problems) (Dearden, C, Becker, S, 2004). · They have significantly lower educational attainment at GCSE level – the difference between nine Cs and nine Ds (The Children’s Society, 2013). · A quarter of young carers said they were bullied at school because of their caring role (Sempik, J &amp; Becker, S, 2013). · They are more likely than the national average not to be in education, employment or training (NEET) between 16 and 19 (The Children’s Society, 2013). More recent research by the LSE amongst young adult carers (with GYC as partner agency) echoes this and shows how this disadvantage contributes to poorer outcomes as young carers leave education. ‘Young people aged 16 to 25 who provided care at baseline (2014/16) were less likely to be in employment, had lower earnings from paid employment, and had poorer mental and physical health at follow-up (2015/17) compared to young people of the same age who were not providing care at baseline. (LSE, 2020) Local data from 2018 from Gloucestershire Online Pupil Survey amongst 16,325 students in secondary school and colleges in the county shows that a significantly higher percentage of young carers in education report low mental health than their peers We understand that support in school needs to be holistic and take into consideration the wellbeing and emotional health of young carers so that are able to fulfill their academic potential. Two short recent case studies from GYC below show local evidence of how caring can impact on school attendance and attainment. · KO – age 10. Mum has severe mental health issues and as a result is regularly unable to meet K’s needs and finds it difficult to engage with professionals. Mum will not answer the door, the telephone or respond to emails from school who try to provide support with getting K to school. K’s school attendance is hugely affected by Mum’s ill health and is a cause for concern (attendance has been as low as 36%) · SL – age 14. Mum suffers with MS and S has a significant caring role for her. S regularly experiences anxiety whilst in school as S is aware that for some of the day Mum is alone and is unable to complete tasks such as making herself a drink. S’s concentration in school is hugely affected and this has subsequently resulted in lower attainment levels than S is capable of. S now also experiences anxiety with generally being in school since the Pandemic, as she is constantly worrying about contracting Covid and passing it on to Mum. We are always informed in our work by what young carers in the</p>		

country tell us about their experience at school. Our young/ young adult carer assessment has a focus on school/college, enabling young carers to tell us how they feel about their education. Reviews are conducted after school is made aware the young person is a young carer, so we are able to track which schools are responding well to young carers' needs and which may need support and advice from GYC. As evidenced in the short case study above – we have found an emerging trend of young carers struggling to reintegrate into school after the significant impact of the pandemic on their anxiety and confidence/willingness to attend school.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

By supporting schools/colleges to better identify, understand and support young carers we seek to achieve the following outcomes: Young and young adult carers feel that their caring situation and the challenges that this creates is understood by their education setting. Young and young adult carers know there is someone to talk to at school/college if they are experiencing difficulties Young and young adult carers feel listened to in their education setting Young and young adult carers feel supported in the school/college environment. Young and young adult carers report that their school/college support their learning and helps them to achieve Young and young adult carers feel safe in their school/college environment and know who to approach if they are have worries and concerns Eg. Bullying Young and young adult carers have opportunities to participate in and inform our work with school/colleges and to help train education staff

**What are the key activities you will undertake with this funding?**

This funding will fund the employment of Education Development Officer (21hrs) to work across schools and colleges to improve support for young and young adult carers aged 8-24. We have identified the need to increase capacity to work directly with schools/colleges and have a dedicated role with this focus. · Maintain network of young carer school/college leads in Gloucestershire schools and colleges · Deliver assemblies and support GYC volunteers and young carers/young adult carers to co-facilitate · Support schools to develop and run in-school young carer groups. · Develop and deliver both online and face to face training for school and college staff · Help develop an action plan with school leads to improve whole school response where young carers have indicated this needs development. · Encourage schools to undertake Young Carers Accreditation to celebrate and acknowledge best practice · Update school leads quarterly to share good practice, training opportunities etc.

**Who will be responsible for overseeing and delivering this work?**

The Education Development Officer will be line-managed by the Development Manager who will report to the Operations manager and Board of Trustees to ensure this work is well managed and on track. We have allocated 2hrs per week towards the salary of the Development Manager

**How will your organisation continue to sustain this project after the grant ends?**

This is a development post aimed at encouraging educational establishments in developing robust procedures to support young carers and young adult carers that will persist beyond the funding period and promote the sustainability of the project. We do however anticipate that we will continue an education role within the organisation and this post will be central to our fundraising. We have a small fundraising team lead by our Fundraising and Marketing Manager who work to a comprehensive fundraising strategy through grant, corporate and community funding.

**What expertise and track record do you have to be able to deliver this work successfully?**

At GYC we recognise that support within education settings is key in ensuring that young carers overcome any disadvantage they may face in terms of achieving their potential in school and college. We are proud of our track record and expertise and the learning we have gained in this work over more than twenty years. A key part of our education strategy is maintaining an up-to-date list of appointed young carer leads in Gloucestershire schools &



colleges, enabling us to have a channel of communication between the school and GYC to share key information. Current we have Young Carer School leads in 189 Primary schools and 72 Secondary schools and colleges across the county. GYC has developed and runs a school accreditation in collaboration with Gloucestershire Healthy Living and Learning – this predates the national Young Carers in Schools programme. To achieve the award settings need to evidence practice across the whole school including governance, staff training, policies, pastoral support, information sharing, tracking of progress and engagement. A snapshot of the impact of our current schools work can be seen in the feedback on our recent online training for schools, held on Young Carers Action Day led by young carers from our Young Carers Forum and attended by 17 school leads. · A brilliant session · Found it really useful and insightful listening to a YC talk about her experiences · Really good to see and hear how other schools operate YC groups 87% said it increased their knowledge of supporting young carers ‘a lot.’ All schools made pledges of support which shows the range of ways we encourage schools to embed systems for young carers in school including offering a safe space, creating a survey to send to all students to help identify young carers, to get young carers identified on SIMS (school tracking system), to have a young carers group, to share information in staff meetings, to establish young carer awareness in staff induction. When schools unde

<b>Explain how the grant will be spent?</b>	
This grant will fund Education Delopment Officer 25hrs salary NIERS and pension Development Manger 2hrs pr week supervsion Travel & Training Contribution to office overheads	
<b>Will you be receiving funding from any other sources for this project?</b>	
Yes	
Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.	
Yes	
Reason why not all staff have DBS checks.	
Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£60000	1/1/2022
How much funding is required each year? (Maximum of £30,000 in year one.)	
Year 1	Year 2
£30000	£30000
What was your organisation’s expenditure in the most recent financial year?	What was your organisation’s annual income in the most recent financial year?
£655550	£713588
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£343000	

Organisation Name		Reference code
Hillingdon Carers		2021-05-YC016
Organisation Address		
Luther Bouch House 126, High Street Uxbridge UB8 1JT		
Website Address		
www.hillingdoncarers.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1082297	1995
Community Interest Company	Registered Companies House Number	Date Registered
No	04041290	
<b>Please describe the needs that this project will address</b>		
<p>The global pandemic has had a significant impact on the lives of young carers and, despite our best efforts and the creativity of the Young Carers team, our organisational responses have largely been reactive. We are seeking funding to provide crucial reassurance to young people and planning support for schools. Prior to the pandemic, research tells us that: - Young carers have significantly lower attainment at GCSE – the difference between nine ‘B’s &amp; nine ‘C’s (Children’s Society Hidden from View, 2013) - A quarter of young carers said they were bullied at school because of their caring role (Carers Trust, 2013) - 27% of young carers (11-15 years) miss school or experience educational difficulties. This rises to 40% when they care for someone with a drug or alcohol problem (Deaden and Becker, 2014) New research by Carers Trust has highlighted that all these issues have been greatly exacerbated by the pandemic. (Guidance for Schools Covid Recovery, 2020) It has taken time to build a fuller picture of the longer-term impact of the pandemic on young carers’ lives, and it is a stark one. Research from our national body, our own data and the continuous flow of anecdotal evidence from front line staff has highlighted a number of new and emerging issues for the young people we support: - Young carers are often only identified after a crisis; we will take a proactive approach with schools to mitigate this and support the development of early intervention strategies - Young carers are anxious about returning to school after the lockdown - We are currently working with 13 shielding families that are not allowing their children to return to school due to acute parental anxiety - Lack of access to technology or sharing of laptops with siblings has already impacted on young carers’ abilities to attend online classes and complete homework - The team has seen a 45% rise in demand for emotional support as young carers’ mental health and wellbeing have been impacted by the lockdown and the loss of their social connectivity - Finally, the recent extensive study undertaken by the Children’s Society (‘Life on Hold’, July 2020) highlighted that, whilst young carers’ concerns about the pandemic commonly focused on education, health and wellbeing, there was also an underlying sense of the constraint they felt about all aspects of their lives. Covid 19 has enabled us to pilot aspects of a school support programme as throughout the pandemic our young carers’ staff have maintained contact with our most vulnerable young people within the school setting, undertaking at least weekly 1:1 meetings. These have proven invaluable, enabling young carers to access consistent emotional support from a trusted adult. We were able to address any educational issues raised swiftly with the school and achieved outcomes such as reduced timetables, referral to school counselling and the issuing of cards to allow the young person to leave their lesson, without question, if needed. This, in turn, has strengthened our relationships with the schools concerned and led to an</p>		

increase in identification of young carers, with referrals from one school increasing by 33% as a direct result of this work. In response to the new and emerging carers needs frontline staff were witnessing, we undertook a stakeholder consultation to inform how we shaped our responses within existing resources. This took the form of: data analysis: a series of carer focus groups; consultation with partners in the Carers Partnership, and; collation of feedback from our regular contacts with carers of all ages. Carers Trust Hillingdon's Board of Trustees signed off our organisational restructure and forward plans at its March 2021 meeting.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

- Outcome 1: 8 schools per year will have an improved young carer identification rate and will be either providing targeted support to improve educational, social and psychological outcomes for young carers or will be working to achieve an award through the Carer Trust 'Young Carers in Schools' programme - Outcome 2: Young carers identified as most in need will be supported to return to education and catch up with missed schooling with support packages in place that include input from Carers Trust Hillingdon, schools and their families and they report feeling more positive about their futures - Outcome 3: Through our broader outreach programme, schools will have an increased awareness of the needs of young carers, will be better equipped to support them and will routinely refer the young carers in their classrooms for support from Carers Trust Hillingdon and the Hillingdon Carers Partnership - Output 1: We will develop a comprehensive Schools Information pack for supporting young carers, which will be distributed to all primary and secondary schools in the London Borough of Hillingdon and promoted via both Head teacher and School Governor Forums - Output 2: We will have a team of 4 trained volunteer Mentors working in schools, via zoom or in community venues providing curriculum support in Maths and English to young carers that need the extra help - Output 3: We will establish and facilitate a Network group for participating schools to enable them to share learning, resources and good practice

**What are the key activities you will undertake with this funding?**

1) We will support schools to engage with the national Carers Trust 'Young Carers in Schools' programme and will work with them to improve effective practice in supporting young carers in schools through our relationships with pastoral staff 2) We will review and republish our Schools Information Pack to provide schools with current resources, advice and information about supporting young carers in schools, and to publicise both the support available to schools and to their pupils with caring responsibilities through Carers Trust Hillingdon and beyond 3) We will expand our Volunteer Mentor Scheme that we established on a very small scale during the lockdown. This scheme gave young carers who were struggling with maths access to an appropriate learning mentor to help them to catch up on lost learning. 4) We will provide networking sessions for participating schools to share good practice and to find collective solutions to some of the enduring challenges faced by young carers. This new activity will be underpinned and supported by our comprehensive young carers programme. As well as the focus on education, the wider team will work to alleviate post-lockdown impacts and constraints that young carers are experiencing.

**Who will be responsible for overseeing and delivering this work?**

Jo Burns, Young Carers Manager, will be responsible for overseeing the delivery of this project, monitoring outcomes and supervising the post holder. She will also ensure that the programme is embedded in the work of the wider team and that sustainability is built into the programme from the beginning. A two-year, full-time School Outreach Officer will be responsible for delivery of the Schools programme and managing the volunteer mentors. The grant will fund this post holder's salary and the post will be supported by the whole team, who will all build on their existing relationships with some of the borough's schools. Our Chief Executive, Sally Chandler, will maintain an overview of the project and will produce all monitoring reports with the Young Carers Manager.

**How will your organisation continue to sustain this project after the grant ends?**

We are confident that, through the delivery of our two-year plan, we can support schools to develop their own methods of supporting young carers and ensure that we have established sustainable ways of raising achievement and tackling under-performance in young carers. Project resources – Schools packs, volunteer Mentors and the good practice Network - will continue post-funding managed centrally by the team. We will promote these resources to Head Teacher and School Governor Forums and schools will also have continued access to the national Carers Trust 'Young Carers in Schools' programme. We will use the good practice Network to showcase the legacy of new provision, skills and awareness in the schools we have worked with. Once funding – and the post – finishes, the team will continue to provide lighter-touch support to schools to maintain and further develop their provision for young carers/young adult carers. Our supported transition work and the support we provide to our most vulnerable young carers through our Family Support Service will continue in schools so relationships will also be maintained. Additionally, we will continue to supervise, manage and develop the pool of learning mentor volunteers.

**What expertise and track record do you have to be able to deliver this work successfully?**

Hillingdon Carers is the only provider of support to young carers in Hillingdon. Our Young Carers team is six-strong and has a collective 143 years of experience in youth work. Team members hold the following qualifications: - BA Hons, Early Childhood Studies - Foundation Degree, Working with Young People - NVQ Teaching Assistant, levels 2 & 3 Our Trustees commit healthy resources to training each year. In addition to mandatory training, staff have accessed a diverse programme of training including: Youth participation, Psychological first aid, Working with parents, Paediatric first aid, Toxic trio: mental health, drugs & alcohol, Working online with young people, Domestic violence and How to facilitate guided conversations. In 2019/20, the organisation was re-awarded both Trusted Charity (level 2) and AQS Advice with casework (level 2). Our Young Carers team has also secured the bronze, silver and gold awards for Youth Work, managed and assessed by London Youth and City and Guilds. The team works closely with a broad range of partners from both the statutory and wider third sector. Here are a few comments from stakeholders: "I am writing to say what a wonderful service your keyworkers provide, they go above and beyond the call of duty for these children and really strive for them to have the best life. Thank you so much for the support young carers provides." Nicky Colley, Pastoral Coordinator, Bishopshalt School "I am writing about a member of your team. She has worked with one of our vulnerable families for the past year. She has made the biggest impact on the life of this family and given the child a real chance in life. In my opinion she went above and beyond her role as a support worker and made the biggest difference I have ever seen. As a school we always want to break the cycle and improve life chances for our children; I truly believe this is now the case for this family." Clare Rodenas, Head teacher, Trinity School

**Explain how the grant will be spent?**

We will have a fixed-term dedicated Schools Outreach post who will undertake the four proposed project elements: Young Carers in Schools programme, Volunteer Mentor Scheme, Schools Information pack and Schools Network group. S/he will coordinate support packages for young carers across all Carers Trust Hillingdon Services, the wider Young Carers team, with schools and families and with other agencies as appropriate. Schools Outreach Officer - 1FTE - £27,000 plus £3,000 on costs and overheads - £30,000 p.a. x 2 years = £60,000

**Will you be receiving funding from any other sources for this project?**

Yes

Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.

No

Reason why not all staff have DBS checks.

Office-based administration and finance staff have no DBS checks as they don't work with carers

Total funding requested in this application over 2 years (maximum £60,000 over two years)		Proposed grant start date
£60000		11/1/2021
How much funding is required each year? (Maximum of £30,000 in year one.)		
Year 1	Year 2	
£30000	£30000	
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?	
£683780	£691806	
What value of reserves/assets did your organisation have at the end of the most recent financial year?		
£261833		

Organisation Name		Reference code
Kingston Carers' Network		2021-05-YC017
Organisation Address		
Noble Centre 109a Blagdon Road New Malden KT3 4BD		
Website Address		
www.kingstoncarers.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1151456	1994
Community Interest Company	Registered Companies House Number	Date Registered
No	8376060	2013
<b>Please describe the needs that this project will address</b>		
<p>A survey by BBC (2010) found that one in 12 secondary school students were providing care to a family member. More recent research by Carers Trust suggests the rate could be as high as one in five. Most young carers are caring for a mother or sibling and it is estimated that 7% are carrying out a large amount of care and 3% are carrying out very high levels of care. Excessive or harmful caring can have long-term negative consequences on the education, physical health and emotional wellbeing for young carers. According to the available national data, we estimate that there are around 1,050 young carers aged 11-18 in Kingston. We are currently supporting 800 young carers, of these, 585 are aged 11-18. This project will address the needs of approximately 100 carers aged 11-18, targeting those whose caring role is negatively impacting their education and at risk of lower academic attainment. This broadly aligns with national data that shows 10% of young carers provide high or very high levels of care. Based on our current engagement rate, we expect to provide education-related interventions to 50 each year, many of whom will also be providing harmful or excessive levels of care. However, we are mindful that the level of care undertaken by a young person may not always correlate with outcomes. Assessment of need will depend on the experiences of each young carer, their support network and the impact of circumstances on their education. We are aware of young carers who are supporting a parent with mental illness and are struggling more in school despite appearing to provide a less significant amount of care. To avoid the risk of these carers being overlooked, we will continue to raise awareness within our schools by promoting the support needs of all young carers. Ofsted have identified young carers as a vulnerable group who need extra support in school. Research shows that around one third of young carers are missing school or experiencing educational difficulties. Carers Trust report that one in ten young carers are late for school at least once a week. Young carers achieve an average of 9 grades below their peers across their GCSE results. This is likely to significantly disadvantage young carers in the long-term, affecting their life chances and career opportunities. Young carers are twice as likely as non-carers to be not in education, employment or training. Covid-19 has exacerbated the problem as many young carers were unable to access formal learning during lockdown, widening the attainment gap. In a survey by Carers Trust, 58% of young carers reported an increased burden of care during the pandemic. Only 3% of young carers received any social care support and it is evident that many families are still struggling without adequate support. The emotional wellbeing of young carers can also impact on their education and school experience. 23% say that they have difficulty making friends because of their role and 26% say they are bullied due to the stigma of caring. Half of young carers say they feel stressed,</p>		

46% say they feel lonely and one in three say they have a mental health problem. Many young carers tell us that worrying about the person they care for affects their ability to concentrate at school. We will provide support to address both the underlying needs and the consequences of this disadvantage to give young carers a better chance to achieve their academic goals and long-term ambitions. Depending on the individual needs of each young carer, we will provide practical help, emotional support, advice, advocacy and mentoring to address a wide range of issues. Prior to the pandemic, feedback from our young carers showed that approximately 25% were worried about school. However, our recent Covid-19 survey found that 40% of carers aged 11-18 are now more worried about school than before the pandemic started. Research suggests that many young carers remain hidden in schools. Without identification, young carers cannot access the right support to address their needs. We have established strong links with local secondary schools, have trained staff and raised awareness among students through assemblies and presentations to year groups. We will continue to refresh training and work with schools to sustain awareness of young carers within their community. We also set up lunch clubs in 7 secondary schools and have supported schools to develop better practice in supporting young carers and this support will continue, providing much-needed emotional support and advice to young carers in school. To ensure that support is targeted to young carers who are most in need, we will provide tailored support that is coordinated by a project worker with the support of the young carers team. This will enable us to address the underlying needs where there is a risk of harmful or excessive caring, breakdown in familial relationships, poor mental health, bullying or financial hardship. Due to the difficulty of home-schooling for many young carers, we have seen the widening gap in academic attainment. Despite a return to in-school learning, many young carers are still struggling to reengage in education. Young carers have reported feeling less motivated and more anxious about their education and 'catching up' seems to feel impossible for many. It is vital that support is provided to address both the learning challenges and the emotional barriers to enable young carers to regain their self-confidence, motivation and aspirations. Although many children have experienced social isolation during the pandemic, 80% of young carers reported feeling less connected to others and 40% reported a decline in their mental health. One third said they struggled to look after themselves, risking both their physical and mental health. To avoid the enduring health impact of Covid-19, more support will be targeted to young carers most adversely affected.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

The project will aim to improve the life outcomes of young carers by increasing their engagement in education and improving levels of attainment. Each year, the project will support 50 young carers aged 11-18, whose education is negatively impacted by their caring role. Young carers will have increased attendance at school. This will be achieved by addressing the reasons for absenteeism and lateness. Interventions may include ensuring adequate social care at home or help with transport for young carers and siblings. Where there is a risk of harmful or excessive caring, the young carer will be offered more intensive and holistic support from our targeted support worker to address the underlying needs. Young carers will have improved educational attainment. This will be measured by comparing baseline attainment to post-intervention attainment. Interventions may include advocating for subject support and extra tuition. The project worker will liaise with young carers, parents and schools to coordinate this support. Mentoring will be offered where there is a need to improve emotional and/or behavioural issues, particularly where Covid has widened the academic attainment gap. This need may be identified by school, parents or carers by comparing grades/levels prior and post Covid. Young carers will be more motivated and have increased self-confidence about their educational abilities and skills. This will be measured by self-feedback and interviews with young carers and parents. Interventions will include one-to-one mentoring with our mentor volunteers who will help young carers to identify difficulties and reasons for low levels of confidence. The project coordinator will provide advocacy to implement subject support where specific learning issues have been identified. Young carers

will have improved educational and employment aspirations. Interventions offered will include one-to-one mentoring with a focus on exploring career options and pathways.

**What are the key activities you will undertake with this funding?**

We will provide a range of interventions to young carers aged 11-18. The project worker will assess the needs of young carers referred to the project and coordinate the support to provide personalised support. This support will be brokered within our young carers service and by working with secondary schools, adult and children's services and other community and voluntary services. The project worker will continue our existing work of supporting schools to implement the Young Carers in School Programme, ensuring that schools are equipped with the skills and knowledge to identify and support young carers in school. One-to-one mentoring will be provided by our volunteer mentors who will be recruited, trained and supported by our mentoring coordinator. As positive role models, they will inspire, encourage and motivate young carers to improve their confidence and academic aspirations. The project worker will provide advocacy for carers experiencing personal issues including bullying or anxiety by requesting additional support in school, such as flexible deadlines, access to quiet space or extra tuition. Our transition group will help carers to develop resilience and skills to successfully adapt to life at secondary school.

**Who will be responsible for overseeing and delivering this work?**

The part-time support worker will coordinate the project, working within our young carers team. Our existing Schools Link Worker will move to this role as our current project ends. She has forged excellent relationships with local schools including running our in-school lunch clubs and providing one-to-one support. The schools project has enabled us to raise awareness of young carers' needs and to help schools in identifying and supporting young carers within their community. Our experience in schools has increased the identification of young carers in schools and last year, 35% of young carer referrals were from schools. The team leader will supervise the support worker on a day-to-day basis, providing monthly supervision and supporting the contribution of the young carers team including: mentoring coordinator, monitoring and evaluation officer, targeted whole family worker and young carers respite and activity support workers. Coordinating the involvement of the team ensures the unique and individual needs of each young carer will be met. The project worker will coordinate referrals, assessments and care plans of young carers referred to this project. They will work with secondary schools ensuring support is in place.

**How will your organisation continue to sustain this project after the grant ends?**

To continue running the project we will seek financial support from other sources and this will be embedded in our planning. We will share our evaluation report with local commissioners to evidence the impact of the project, with details of costs and benefits. With demonstrable outcomes of improved engagement and attainment in education, we would expect that Achieving for Children (responsible for Kingston's children's services and schools) would consider supporting the work in the longer-term. As a model with high social impact, the approach also represents good value for money for commissioners. The progress of the project will be reported to The Carers Board and the Local Safeguarding Partnership to ensure that key local stakeholders, commissioners and partners are informed throughout. We will promote the project widely through effective communication to engage with carers, the local community and potential supporters. The activities could also be sustained the longer-term by working with local schools to roll out the service within the school community. This would also ensure that schools are embedding best practice in supporting to young carers achieve their potential.

**What expertise and track record do you have to be able to deliver this work successfully?**

Our track record demonstrates that we are well placed to meet the needs of our young carers. We have continued to expand our services, increasing our reach and scope to ensure that we provide the range of services that carers need. Over the past ten years, we have transformed our organisation to meet the needs of our carer population and have achieved



this within a context of cuts to statutory funding, health and social care services. The number of carers we support has increased five-fold, as has our turnover. This was achieved by engaging with carers to deliver a needs-driven, outcome based model. We have the skills, knowledge and experience to run this project. We were one of only eight young carer services in England to be awarded funding from the Department for Education to coordinate targeted support to reduce the risk of harmful or excessive caring among young carers. An independent evaluation conducted on behalf of the Department for Education showed that this project delivered an average return of £4.25 for each £1 invested in service delivery. Following on from this success, we have showcased our work nationally, sharing best practice with voluntary and statutory services and education providers. We were also described as 'trailblazers' for the Young Carers in School Programme. Over the past two years, we have developed a new school link project funded by Young Londoners Fund which has enabled us to raise awareness of young carers within schools and we have helped schools to improve their support to young carers. Prior to the pandemic, we were delivering in-school support, running monthly lunch clubs in 7 schools and helping other schools to implement best practice in identifying and supporting young carers. We have also been providing more targeted support to year 7s who are finding the transition to secondary school challenging. Our Children in Need Curiosity project has engaged disadvantaged young carers in exploring science and nature.

**Explain how the grant will be spent?**

The grant will support the salary of the part-time support worker. They will move from their current role as schools link worker as funding from the Young Londoners Fund ends in December 2021. The first year's budget will include the salary costs of £18,234 for 0.6 full time equivalent (21 hours per week), plus £1,297 Employer's National Insurance contributions and £729 pension. Supervision costs are £1,300 per year. Contribution to rent, utilities, rates, insurance, stationery, postage and printing is £4,240 per year and the capital cost of IT equipment and software is £600. Mentoring costs will be £3,600 per year to cover the volunteer expenses and the costs of refreshments, transport and any additional activity for one-to-one mentoring meetings. Year two budget will include an uplift of 2% for the salary and will total £29,805. Costs for group wellbeing and respite activities will be supplemented by restricted funds held for respite activities and further community fundraising from trusts and supporter donations will be sought.

**Will you be receiving funding from any other sources for this project?**

Yes

Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.

Yes

Reason why not all staff have DBS checks.

Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£59805	12/1/2021

How much funding is required each year? (Maximum of £30,000 in year one.)

Year 1	Year 2
£30000	£29805
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£684611	£694014

What value of reserves/assets did your organisation have at the end of the most recent financial year?  
£30876

Organisation Name		Reference code
MYTIME Young Carers		2021-05-YC020
Organisation Address		
MYTIME Head Office, 37 Commercial Road Poole BH14 0HU		
Website Address		
<a href="http://www.mytimeyoungcarers.org">www.mytimeyoungcarers.org</a>		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	297481	2013
Community Interest Company	Registered Companies House Number	Date Registered
No		
<b>Please describe the needs that this project will address</b>		
<p>According to the Carers Trust and the Children's Society, young carers achieve, on average, 9 grades lower overall at GCSE than their peers and are twice as likely to find themselves out of education, training or employment between the ages of 16 and 19. Why? Because they come up against extra challenges created by their caring roles every day, and are not currently receiving adequate support in school to be able to overcome these. Outlined below are some of the underlying issues that a young carer may face in school: -39% of young carers state that their school is unaware of their caring responsibility. If schools don't know their young carers, then they cannot adequately support them. -Only 19% of school teachers report ever having received training on how to recognise and support young carers. This means, firstly, that the vast majority will not be able to identify young carers for themselves and, secondly, that even if teachers were to be made aware of young carers, they would be unlikely to understand their needs. Education for a young carer can, therefore, represent an isolating and bewildering experience. -Caring responsibilities often result in lateness to school, incomplete homework or lack of concentration in class due to stress or exhaustion, all of which represent significant obstacles to attainment. Furthermore, staff members who are unaware of a young carer's circumstance may well respond to these offences with punishment, which can discourage young carers. -Young carers often miss a huge amount of school. Much of this absence may be attributed to caring responsibilities, but it may also be that young carers are actively seeking to avoid school. If they are falling behind in school due to their caring responsibilities, or if they feel misunderstood or hard done by by staff, they may become despondent. In addition, 2 in every 3 young carers report experiencing bullying in school. It's easy to see why young carers may become disheartened, and may choose not to attend school if possible. -72% of young carers report feeling isolated as a result of their caring responsibilities, 1 in 3 reports feeling stressed and over 80% report that their participation in leisure activities has suffered as a result of their caring role. It follows that 80% of young carers report that their role has impacted their mental health. Poor mental health, self-esteem and social skills can all impact a young carer's school experience and educational outcomes, yet young carers are often left to tackle these issues alone. When we at MYTIME came across and considered this data, we knew that we needed to address these issues, and the idea of some kind of school support programme was born. Our next step was to consult the young carers of Dorset who we serve, and to find out directly from them about their school experiences and needs. Over the course of three separate forum events, we heard from 20 young carers ranging from 8 to 18. In these conversations, we noted the following: -Most reported that their schools are unaware of their caring</p>		

responsibilities. Some had, at some point in the past, attempted to share their situation to some extent with a member of school staff, but had received a discouraging response. -The general sentiment appeared to be that school staff don't care about their students as people. One young carer said, "I feel like my results matter more than I do as a person". -Those whose schools were aware of their caring responsibilities, reported that teachers often forgot or didn't understand, and, in practice, failed to make any reasonable adjustments, for example to expectations around homework deadlines. -School was described as a young carer's "biggest time of worry", due to having to leave relatives unsupervised at home. -The majority didn't feel comfortable using their mobile phone within sight of staff, or asking to use the reception phone, either because they didn't think they would be allowed or because they thought they would then feel pressured to explain their situation. Many confessed to spending most of their break and lunch times at school in the toilet, either phoning or texting home to check on the person they care for, and complained that this isolates them further from their peers. -Young carers across all age groups spoke about the pressure of trying to keep up with schoolwork and homework whilst caring for the person in their family. -Although most young carers stated that their teachers do not know about their caring roles, they nearly all agreed that it would be helpful if schools did know about their responsibilities within the home. They emphasised the fact that, in order for this to be helpful, school staff would need a thorough understanding of the caring role and of its implications for young people. Examples of meaningful support identified by the young carers included extensions of deadlines for homework, more mental health support in school - particularly during a period of exams when stress levels rise - and more help in catching up on work missed. All young carers also felt that it would make a significant difference simply to know that there was at least one reliable person to turn to for help and to talk to at school. Since the outbreak of Covid-19, we know that the needs for extra support for young carers in schools have been amplified. Many have needed to shield to protect vulnerable relatives and so have missed a huge amount of school over the last year. In addition, many come from socio-economically deprived families and so have not had access to a device through which to participate in remote learning. MYTIME are part of the National Young Carer Voice, a collective of young carer organisations from across the nation who all recently surveyed their young carers for ITV. The results indicated that 57% of young carers feel that their education has suffered as a result of lockdown.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

The outcomes that we would expect to see are as follows: -Increased number of young carers identified as such, and thus with access to support -Increased awareness, understanding and acceptance of young carers within the school community -Young carers feel supported by school staff and peers -Young carers have access to an effective support network and experience reduced feelings of loneliness and isolation -Improved mental health among young carers -Increased opportunities for young carers to develop passions, interests and a sense of identity -Increased opportunities for young carers to develop life skills and positive mindsets -Increased aspirations among the young carer community -Increased options for future study and careers

**What are the key activities you will undertake with this funding?**

Through the Level Up programme, we work with schools to ensure that young carers have everything they need to achieve their full personal, academic and professional potential. We help schools to monitor and boost the attendance and attainment of young carers, but that's not all. Like all children, young carers need to feel supported, understood and accepted in order to be able to thrive, and at MYTIME we recognise the importance of meeting their social and emotional needs in school, as well as their academic needs. Through the Level Up Programme, and with Triangle Trust funding, we will: -train school staff to be able to identify and support young carers -deliver student assemblies to raise awareness of young carers and tackle the stigmas that surround the young carer title -work with schools to develop individual young carer policies -advocate for and support designated young carer leads in schools -coordinate access to counselling in school for young carers -coordinate access to

1:1 tutoring in school for young carers -help schools to establish a young carer support group and facilitate weekly socials -coordinate fun and enriching days out and retreats for young carers -provide career guidance for young carers
<b>Who will be responsible for overseeing and delivering this work?</b>
The Level Up Programme will be overseen by the Level Up Programme Manager. This staff member will line manage the Level Up Programme Co-Ordinator, whose salary we will use Triangle Trust funding to pay. Responsibilities of the Programme Co-Ordinator will include delivering staff CPD, delivering assemblies, offering 1:1 support to young carer champions in schools, co-ordinating activity days for young carers, making referrals for counselling and contributing to impact reports.
<b>How will your organisation continue to sustain this project after the grant ends?</b>
We have already been able to secure long-term funding for the Level Up Programme through the Paul Hamlyn Foundation, who have committed to contributing £30,000 a year to us for the next three years. In addition, we are currently working on applications to other large funders such as the Fore and The National Lottery in an effort to secure more long-term funding. It should be noted, however, that the Level Up Programme is, in part, self-sustainable. This is because our partner schools all agree to host at least one fund-raising event for us throughout the academic year. What's more, many of our partner schools have already expressed interest in hiring out our outdoor centre in the Purbecks for use with other groups of students, for example DofE groups, when Covid allows, which would generate additional income for MYTIME.
<b>What expertise and track record do you have to be able to deliver this work successfully?</b>
Former teachers, foster carers, and youth group leaders, we are bound by the love of young people and by a powerful desire to see them thrive and succeed in life. As previous secondary school teachers, the two most senior members of our charity, our CEO, Krista Sharp, and Fundraising Director, Penelope Day, combined, have 15 years of experience in education. Krista also has experience as a member of a school Senior Leadership Team. Our Level Up Programme Manager has previously worked as Head of Year and Careers in local secondary schools, and has also run her own young carers' support group in the past. On our board of Trustees, we also have Ben Antell, Regional Director of the United Learning Academy Chain. These team members, therefore, have a thorough understanding of education and real credibility within that field. In addition to this, we are able to draw on our relationships with other organisations to strengthen our provision. We work closely with BCP and Dorset councils, so are perfectly positioned to be able to facilitate more effective communication between schools and councils. We also work with the Leonardo Trust and Connie Rothman Learning Trust to provide counselling and tutoring in schools. We base all of our work on research and on the lived experience of our beneficiaries. We are currently working closely with Saul Becker, the world's leading expert on young carers, and benefit from his support and advice. Our young carer forums and the lived experience of two of our staff members allow us invaluable insight into the perspectives and experiences of young carers, and these inform everything we do. The Level Up Programme pilot launched from Jan-Sept 2020, and the programme formally launched in September. We are now working in 35 schools in Dorset and seeing incredible impact; one school has been able to identify 45 young carers in its care since working with us who, before, staff had known nothing about.
<b>Explain how the grant will be spent?</b>
With this funding, we will be able to secure the salary of a Level Up Programme Coordinator, who will help to coordinate the programme across 30-40 primary and secondary schools in the Dorset area. This member of staff will work 40 hours per week on a £28,000 per annum salary.
<b>Will you be receiving funding from any other sources for this project?</b>
Yes

Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.	
Yes	
Reason why not all staff have DBS checks.	
Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£56000	11/1/2021
How much funding is required each year? (Maximum of £30,000 in year one.)	
Year 1	Year 2
£28000	£28000
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£209621	£332061
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£67301	

Organisation Name		Reference code
Sandwell Young Carers		2021-05-YC025
Organisation Address		
Sandwell Young Carers Centre, The Old Vicarage, 44 Bratt Street West Bromwich B70 8SB		
Website Address		
www.sandwellyc.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1081084	1995
Community Interest Company	Registered Companies House Number	Date Registered
No	3835055	1999
<b>Please describe the needs that this project will address</b>		
<p>The proposal is to improve young carers educational outcomes and opportunities for their future through a programme of awareness raising in schools/colleagues and direct support to young carers, tackling added inequalities created during Covid-19. The programme will enable us to build on existing work with young carers to create individual measurable outcomes for young carers to enable them to reduce the attainment gap that has increased during Covid-19. The initial goals will be reviewed during the short term programme inclusive of one to one, group support and study sessions tailored in conjunction with young carers. This will be achieved by the employment of a full-time worker whose role it will be to recruit, induct, train and supervise social work student placements to partake in a programme of awareness raising in schools and offer a package of support to 180 individual young carers in the Sandwell MBC area. The academic year will see education providers under increased pressure to play catch up and keep pupils safe, reducing their focus away from the hidden and marginalised needs of young carers. This proposal will prevent young carers needs being overlooked and a delay in their support needs being met. Prior to Covid-19 it was well documented that young carers lives were often challenging. Their caring role often meant that they had low attendance at school, resulting in low attainment, and chances for the future. However, those challenges increased significantly for many young carers during lockdown. Increased fear and anxiety around the 'cared for' catching Covid-19, or being ill from the condition and having to be hospitalised, resulted in families cancelling care packages, and young carers roles increased. Young carers have not attending school despite being on the government list of vulnerable children who could attend school (Sandwell's consultation with schools identified 28 young carers in attendance over 25 schools). The increase in caring roles reduced young carers opportunities to take part in home schooling, coupled by IT poverty, far too many fell victim of the ever-increasing attainment gap. In addition to providing support to young carers and their families during lockdown, Sandwell Young Carers has been capturing their views to inform future provision, and effective support packages. We have reached out to over 500 young carers during this time to establish their immediate care and support needs and identify the design of services to meet those needs. Those that have responded have told us; their caring roles have increased, emotionally and physically. They have had little time to do schoolwork. They have not been attending schools. They feel frustrated, afraid, and isolated. They have not left the house, other than for essentials. Are fearful of leaving or infecting the 'cared for'. Are anxious about their return to school/college. Fear the gap in their education is greater than before Covid-19-19. Are afraid to take part in activities away from home. In addition to questionnaires and consultations with</p>		

families, Sandwell Young Carers is guided by the Sandwell Young Carers Forum. The Forum consists of 14 young carers aged 11-17 years, hosted by an ex-member of SYC (a young adult carer). Prior to lockdown the Forum met fortnightly to plan not only support SYC with design of service provision, but influence decision makers and politicians, locally and national to ensure that young carers voice is heard. During lockdown the members have continued to meet through online/virtual platforms and express their views and ideas, not only in relation to SYC provision but at a national level through the Young Carers Voice Network. Their input has been crucial in preparing to support young carers as the academic year begins once again, and design of this proposal. Sandwell Young Carers findings do not differ from that of the national survey, for which Sandwell's young carers took part. Carers Trust impact survey held during the pandemic stated that 54% of young carers said their education had suffered during Covid-19. National research (Carers Trust) and Sandwell's young carers and their families tell us of the challenges they now face due to Covid-19; • Their caring roles and responsibilities have increased • They are experiencing high levels of stress and anxiety • They fear being overlooked by education, health and social care professionals • They are worried and anxious about integrating back into society There will be children and young people undertaking a caring role which was not previous. This could be, due to parents losing jobs and the impact on their mental health, or impact on their physical health from contracting the coronavirus. These children and young people will be unaware that they are young carers. The challenges for professionals will be integrating young carers back into society and ensuring their needs are not overlooked.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

• Improve engagement and attendance for young carers in schools and colleges (by assisting young carers and their families to remove barriers to learning – resolving fear and setting up/re-starting care packages for the cared for) • Decrease the academic inequalities faced by young carers (by raising awareness of the needs of young carers with education professionals, and improving skills in identification to promote early identification and reduce negative impact) • Improve attainment/academic achievements for young carers (by supporting young carers to build resilience and manage learning and caring) • Enable young carers to have a voice within their school settings, to assist in the long-term identification of hidden young carers, and encourage others to reach out (through a programme of short term group work that enables the young carer to use their voice constructively to shape support for young carers in their school/college) The additional outcome will be qualified social workers with an 'hands on' experience and knowledge of young carers, how to identify, assess and meet their needs.

**What are the key activities you will undertake with this funding?**

The programme will directly work with 90 known young carers ages 11-18, and identify a further 90 hidden/new young carers. There will be a legacy of young carers that will continue to be identified and supported as a result of the awareness raising. 1. Employment of a full-time project worker for the duration of this 24 month project. 2. Recruitment of 12 social work student throughout the duration of the project to; Work in partnership with schools and colleges to identify, support and raise awareness of young carers. There will be new and hidden young carers in these establishments. The social work students (under the direction of the full-time project worker) will help schools and colleges to develop a whole school approach to raise awareness, carry a case load of individually identified young carers. Carrying out short term targeted work to assist young carer to plug the gap in their education, reduce the risk of lower exam results than their peers, raise attainment and attendance, work with schools to set up and run short term group activities in school to encourage young carers to use their voice and shape services for young carers in their school/college setting.

**Who will be responsible for overseeing and delivering this work?**

The Project will be overseen by the Charity's Chief Executive Officer (this grant will cover cost of supervision, guidance, and appraisal of project worker). The day-to-day management of the project will be the full-time project worker (whose salary will be paid for through this

grant). The Project worker will be responsible for the recruitment, induction, and supervision of the social work students (2 placements at any one time totalling 70-day placements). The social work students will be responsible for caring a caseload of 15 young carers each. Their role (under the direction of the project worker) will be to engage with schools and colleagues to run a programme of awareness raising. Ensuring that schools/colleges in Sandwell are 'Young Carer Aware', able and willing to identify and support young carers within their settings. This will enable effective support packages for young carers, improved academic achievements.

**How will your organisation continue to sustain this project after the grant ends?**

This grant will enable Sandwell Young Carers to adequately support social work student placements to carry out promotion, case work and enable the 'voice of the child'. 1. Sandwell Young Carers will receive a nominal fee for each social work student that is placed with the charity. Over the lifetime of the project the funds will be used to part fund the continuity of the project worker to ensure the recruitment of further social work students. This will create a guaranteed/part sustainable income for the charity. 2. The success of the project will enable the charity to design a bespoke programme for which it can 'sell' to schools/colleges to ensure the continued identification of young carers, and the ongoing input of the young carers 'voice' in evaluating delivery and development of service. 3. In part the scheme will be self-sufficient in that, by training teachers and education staff young carers will continue to be identified and supported now and in the future.

**What expertise and track record do you have to be able to deliver this work successfully?**

The charity is an independent young carers charity with 26 years experience of safeguarding, listening, identifying and supporting young carers in a diverse and deprived area. Our sole purpose is the identification and support of young carers. SYC does work in partnership with national programmes to ensure that we are up to date with legislation and that Sandwell's young carers voice is reflected in national decisions and strategies. During Covid-19 Sandwell Young Carers has continued to consult and provide support to young carers using virtual platforms, enabling us to better understand the new challenges they face. The charity promotes and works in partnership with the young carers and their families to evaluate and develop flexible services that meet the need. We have a positive track record of working with professionals in health, education and social care to train and develop skills that will enable the identification and support of young carers and sharing good practice.

**Explain how the grant will be spent?**

Full-time Support Worker Salary, NI and Pension £25,700pa Training and mileage 500pa Cost of Supervision (CEO costs) 2,000pa Social work student mileage and training (£90) 780pa Administration costs (telephone, stationery, postage, printing) 1,000pa Total 29,980per annum. Total grant applied for £59,960.

**Will you be receiving funding from any other sources for this project?**

No

Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.

Yes

Reason why not all staff have DBS checks.

Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
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£59960	11/1/2021
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How much funding is required each year? (Maximum of £30,000 in year one.)

Year 1	Year 2
£29980	£29980



What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£232775	£287791
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£128708	

Organisation Name		Reference code
Signpost Stockport for Carers		2021-05-YC027
Organisation Address		
The Heaton Centre Thornfield Road Heaton Moor Stockport SK4 3LD		
Website Address		
www.signpostforcarers.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1085727	2001
Community Interest Company	Registered Companies House Number	Date Registered
No	4176004	2001
<b>Please describe the needs that this project will address</b>		
<p>We believe that there are at least 3500 Young Carers in the Stockport area. Since March 2020, the pressure on Young Carers has significantly increased. A high proportion of our Young Carers are caring for parents with chronic/severe medical conditions, and have been shielding throughout the pandemic. Invisible to so many, we have seen how the whole situation has caused all family members great anxiety, with a disproportionate impact on the Young Carers. A national survey (which some of our Young Carers contributed to) evidences that Coronavirus and increased isolation caused by the lockdown have affected the mental health and well being of Young Carers. 40% say their mental health is worse, 69% feel less connected to others and 58% say their overall caring responsibilities increased. We have definitely seen this 'on the ground'. Our face to face groups, vital for many of our young people, have been suspended since March 2020. We are desperately hoping that these will return in July 2021. Nationally, over 25% of Young Carers miss school due to caring responsibilities (Carers Trust). In Stockport, it is 21% (data from Stockport Local Authority, based on our active caseload). Throughout the pandemic many of our Young Carers did not take up the offer of a school place, despite being classed as a vulnerable group. This was partly due to fear of bringing the virus home and partly not wanting to leave the person they care for. Many struggled to manage the demands of caring and completing school work. A result of this is that 56% of Young Carers are saying that their education has been further affected and feel more alone than ever. We have many years of experience working with Stockport schools and colleges. Schools are the highest referring agency into our service, particularly primary schools. This really is a positive trend as Young Carers are identified earlier and supported throughout their educational journey. On assessment, Young Carers tell us how they feel in school; Often they feel completely isolated, that they are the only one in their situation -many do not tell their friends or teachers about their home situation, in fear of being bullied or judged. A key part of our work is to raise awareness and offer specialist training sessions to all staff, enabling them to recognise and reduce these barriers. To date, staff from 80% of schools/colleges have accessed our training. We have worked hard to build relationships with schools - as a result there is now a dedicated Young Carers Lead amongst the staff in many of our school/colleges. These Young Carers Leads receive on going support/advice from us and have been vital in ensuring good communication and better joint working. Since the return of schools in March 2021, we have seen a rise in referrals into the service. Thankfully, the majority of schools have recognised the need to help Young Carers adjust back to school life and manage 'catching up' on school work. Many Young Carers have said they would like social opportunities to meet with others in their school and more</p>		

support from teaching staff, but the deficit of direct support, such as groups, opportunities to share experiences, support to access school activities and help around homework, remains. Attending a Signpost Young Carers group at school is a great start to reducing a sense of isolation, replacing it with a sense of belonging. Yet schools rely on our service to provide this and, frustratingly, we are struggling to meet demand. Pre-COVID, Signpost undertook a pilot project, working closely with 2 of our Secondary schools who have the National Young Carers in School Gold Award, supporting them set up their own provision. Both schools now have an established a group that meets fortnightly, in a dedicated space, with the Young Carers Lead present and also other key staff when required. The group's focus is social, and brings together Young Carers across all the year groups. Where possible, our school worker attends, to see if there are any issues we can support on. Feedback from Young Carers and staff is that the Young Carers feel more confident in school, feel supported by their peers, have a social outlet and can access help directly from the Young Carers lead. The importance of peer support has been evident especially for carers who have just joined the school. Both groups continue to run and they also have set up a homework club and are now looking to set up a sporting activity. As the groups have progressed, older Young Carers have taken on more of a role in running the group, such as organising the activities and taking on a mentoring role. Post- COVID, more Stockport schools have recognised the need to enhance their support. We have had more requests than ever to help/advise them how to set up their own groups/additional support. Currently we do not have the staff time to do this. A dedicated worker could deliver on this theme. We see it as an innovative and sustainable way to create a stronger network of support across more schools, ensuring that Young Carers feel better supported both educationally and emotionally. Once the provision is in place and part of the school offer, we envisage it will increase identification and Young Carers will take more of a lead in developing the support network. In Stockport there are 89 primary schools and 14 secondary. We would like to include as many schools as possible in the project. We envisage some schools will need more support than others. E.g. since COVID 3 primary schools have already set up their own lunchtime clubs for their Young Carers, requiring some initial advice/support from us, on how to do this and some help designing activities. Schools often say that they do not have the resources to offer additional support; however, we can evidence that once set up and with support from older Young Carers it can be sustainable and hugely beneficial to all.

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

We envisage that even if schools offer a small amount of support/time to Young Carers, in our experience it can make a huge difference. In the 2 schools that have a regular group and support from staff, Young Carers have said they feel more valued, more confident to ask for help and feel staff have a better understanding of their needs. If successful the project will ensure that Young Carers will have access to support on a more regular basis, they are not just reliant on our service, and this will lead to a more consistent and joined up approach. Other Key Outcomes; Young Carers will be less socially isolated during their education. By being able to: -Access a group/support specifically targeted to their needs. -Have a regular social outlet and time to themselves. -Meet others in a similar situation. -Develop positive peer relationships. Young Carers will have improved educational outcomes By being able to;: -Talk to staff if they are having issues around school work. -Have a safe environment to complete their homework and access support around this. -Feel more confident during the school day and feel able to ask for help when needed. -Staff will have a greater understanding of their needs. Improved emotional well being, confidence and self esteem By being able to: - Talk to others in confidence about their caring role in a safe environment. - Take part in activities that promote good physical and emotional well being. - To have a voice, when often they have been invisible and their contribution to their families and wider society has not been recognised. -Contribute to the development and running of their school support. We understand that not all Young Carers wish to be known in school, either by their friends or staff, however, they will have a choice and have access to support if they wish.

Schools are in a strong position to support Young Carers on a daily basis and help them reach their full potential.

**What are the key activities you will undertake with this funding?**

Alongside our existing offer to schools, we will support them to develop their own unique support systems, central to this will be the involvement of Young Carers. Dedicated worker will advise and support schools to;

- Set up their own support groups for Young Carers to attend in or after the school day for a social outlet, educational and emotional support. For example lunchtime 'drop ins', homework clubs etc.
- Help identify key staff in school to deliver on this work.
- Create opportunities for Young Carers to have a voice and input into developing support and practice across their school.
- Target those Young Carers with attendance/attainment issues, look at using existing resources across the school to help them reach their full potential.
- Explore ways to encourage Young Carers to access extra curricular activities.
- Train older Young Carers to become peer mentors and buddy up with newly identified Young Carers and those joining the school. We have experience of delivering a peer mentoring scheme.
- Access Signpost existing training events for school staff, showing good practice from other schools, and the outcomes achieved.
- Develop resources for schools to use in groups, one to one support.

**Who will be responsible for overseeing and delivering this work?**

The Project Manager will oversee the day to day delivery of the project and will be responsible for monitoring, collating and reporting outcomes. To measure our outcomes and changes we have achieved the Project Manager will;

- Supply detailed information to demonstrate number of schools involved and their provision/offer, including the success of any interventions and areas for improvement, this will include feedback from Young Carers, parents and schools.
- Use our existing evaluation tools, to measure the impact of improved school support has had on Young Carers, socially, educationally and their overall physical and emotional well being. As in line with the overall project, the Project Manager will continue to report data on a quarterly basis to the Signpost Board of Trustees, Local Authority Commissioning Group, the Childrens Trust, Education Department and the wider Greater Manchester Young Carers Forum. As this will be an additional project within the wider service, there will be a low cost of management time/overheads. As we are a well established service, we are able to our existing structures to accommodate and support the new initiative, if successful

**How will your organisation continue to sustain this project after the grant ends?**

The aim of the project will be to develop support systems in schools which will be delivered and overseen by school staff and include input from Young Carers. We expect that the Young Carers Lead will be the key partner in this work, whom we already have good links with and are beginning to have conversations about developing additional support in a school setting. Since COVID, there is a renewed focus on Young Carers issues and we wish to take this forward and demonstrate that schools can successfully support Young Carers to help them reach their true potential, improve their well being and educational attainment. When the project ends, we will envisage that the majority of schools will have some additional provision in place to support their Young Carers and our project will continue to have links with them through our existing offer and training events. We are keen to have support for Young Carers embedded in all school strategic plans. A number of our Stockport schools who have the Young Carers award, already have a dedicated policy and it is on their agenda for the Governing Board, this has ensured that the senior leadership team have an understanding and commitment to their role and responsibilities.

**What expertise and track record do you have to be able to deliver this work successfully?**

We have over 25 years experience and proven track record of supporting Young Carers. Throughout this period we have received core funding from the Local Authority to deliver a range of services. In 2015 and 2018 the contract to support Young Carers was put out to tender, on both occasions we were successful. Due to meeting our monitoring requirements

we have just been granted a further 2 year extension. We add value by securing external funding to deliver additional services, such as our evening groups, counselling service and family support team. In particular we have been successful in gaining funding from Children in Need for over 20 years and the Oglesby Foundation for 11 years. We are a well established team, highly experienced staff, a qualified social worker on the team who supervises social work students, bringing additional skills to the service. The project has strong links with the community, for example other voluntary sectors organisations such as Arc, Beacon Counselling and SPARC, where we have collaborated and delivered specialist projects for Young Carers to access. Our work with schools/colleges has been praised for the positive outcomes we have achieved and as part of the Greater Manchester Young Carers Forum, we have been able to share our good practice and also advise other projects regarding our approach. In 2015 the project was approached by the Carers Trust to take part in the pilot of the National Young Carers in School Awards, where 2 of our schools received the Gold Award. We have continued to support schools to access this award and as a result we are in the top 5 Local Authorities who have the most schools to apply and receive the award. We are a project within Signpost Stockport for Carers, who provide information and support for adult carers.

**Explain how the grant will be spent?**

Worker - term time only 30 hours per week @£15500 per year. Contribution to management cost/supervision @£1,500 per year. Contribution to project costs - development resources for groups/training etc @£1000 Contribution to running costs - travel, IT support, telephone, rent @£1000 Total per year = 19k Total requested = 28k \* amount typed here as in question i it will not save as an answer.

**Will you be receiving funding from any other sources for this project?**

No

Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.

Yes

Reason why not all staff have DBS checks.

Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
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£38000	11/1/2021
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How much funding is required each year? (Maximum of £30,000 in year one.)

Year 1	Year 2
£19000	£19000

What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£206960	£234886

What value of reserves/assets did your organisation have at the end of the most recent financial year?
£93000

Organisation Name		Reference code
Swansea Carers Centre		2021-05-YC030
Organisation Address		
104 Mansel St Swansea SA1 5UE		
Website Address		
<a href="http://www.swanseacarerscentre.org.uk/">http://www.swanseacarerscentre.org.uk/</a>		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1108865	2005
Community Interest Company	Registered Companies House Number	Date Registered
No	5352055	2005
<b>Please describe the needs that this project will address</b>		
<p>“They called the Swansea Carers project after I had a panic attack in lesson. I was offered support by my year 11 leader but nothing was set in place for carers. I only received support after I had a panic attack at the school.” YAC In developing this project we consulted with 26 YACs on 29th April 2021 via an online survey and asked them what their needs are/were in education settings. We also consult through regular 1-1’s, weekly group zoom sessions and via Text/ social media. We asked; How has Covid affected your education because of your caring role? •I dropped out. They were too demanding on me coming back and given me stupid hours •I've not had much/any support. •Yes, I was thinking of joining university in 2021 but now because of Covid I don't know what I want to do and I see how much my mum needs me to help out with the house and finances •It hasn't as I dropped out a couple years ago. •I moved home early (graduated 2020) and struggled to complete work due to sudden increase of care &amp; other responsibilities •I don't attend college anymore. •I've been close to dropping out because of the stress of both caring and my assignments •It's been hard as it's been online so you are constantly around your caring role while trying to learn and you get no support at all either •Yes, I've had to take on more of a caring role so I've had less time for my studies •Had to take an extra year in college,, taken a huge toll on my mental health trying to juggle coursework with arranging care for my mum back home and feeling guilty for leaving •College has been stressful so Covid has impacted •I ain't had any support “It was hard I was so stressed. Hair was falling out, I wasn't eating properly. It was a nightmare for me and I'm actually glad that I'm not I'm education anymore “ Swansea YAC When you started 6th form/college were you given a handbook/information in your induction about what support is on offer for you as a carer? 88% said no information was given If your 6th form/college didn't offer any support/support wasn't very good, what could they have done better to help you? •Changed my timetable to help me manage •Regular check ins, having relaxing spaces for carers who may be overwhelmed •Have someone who understands the situation and can help you achieve what's best for you. •Extra support with deadlines •More resources to identify Carers in the college in the first place. I didn't know they could help. •Having group sessions and allowing extra time on handing in assignment •There need to be more options of support not just my tutor to speak to. •Given me extra time to do things •More information available about what they can do for carers and how they can support them. •Information in the introduction booklet because I felt my lecturers didn't understand so they didn't take it seriously •Recognised young carers in the 6th form •Extended exam time, 1-1 revision sessions, more help with coursework, more lenient marking in exams/lower grade boundaries •More recognition, I' don't remember any kind of support being available •Had</p>		

more support and that the teachers understand what to look out for •Offered a councillor or been more understanding if time off was needed What sort of provision would you like to see college, 6th forms and Universities doing to better support you in your caring role? •Checking to see if they can help with financial advice for the family •Making people around aware how it can be hard being a carer •More options if people to speak to, maybe an introduction to other people who are going through similar things •Definitely need more awareness •Support groups for young carers. A system where young carers can get an extension on their coursework if they need extra time due to their caring role.I think all staff should be educated in young carers too •Counselling, more support with work, lenient marking •Just help and offer more support •Allow us to leave earlier to collect the person we care for from school •Mental health support , it's can be so mentally exhausting •Help line to talk to someone is has been or is going through the same thing. •Any kind of support or acknowledgement would've been grateful •I think they could get in touch with us and tell us what they can offer because I had to dig around for anything to do with carers •Being more understanding Do you feel your college/university understands what a carer/YAC is? 23% Yes 39% No 23% maybe 15% other “They understand there are YACS out there, but don't know what to look for, how to deal with them, what direction they should take to help and even then it's still the minimum given” Did you feel you could tell your education that you are a carer? •77% Yes •19% No • 4% unsure “Because they judged you and made you feel like you were doing something wrong “ “Didn't know who to tell or where to go. I tried telling my personal tutor and his response was “that's not really my area sorry” and that's the last I heard “ “Cause I was afraid they say that college ain't for me” We held 4 zoom consultation sessions with 23 YAC over the past few weeks & 40 YAC completed our Nov 20 survey on how COVID-19 has affected them/their caring role. Their feedback has also helped shaped this application. Strategy for Unpaid Carers Wales. 2011 census, Wales has the highest proportion of carers under 18 in the UK. 6% of 16-24 year olds living in Swansea identified as carers, suggesting there are at least 2,291 YACs in Swansea needing support. There are projects that support young carers in education, in Swansea, but Swansea Council does not offer support for YAC in education (age 16-25) Numbers of students Swansea University - 19,200 - 3 sites University of Wales Trinity Saint David - 10,000 ( includes Carmarthen/Lampeter) Gower college– 15,000 over 5 sites Plus 6th form students

**What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?**

Improved YAC health & wellbeing • Improved education outcomes for YAC in Swansea - increased retention and attainment of students with caring responsibilities • Increased support for YAC in further education settings - with better Information and advice for them in a place and at a time when it is needed • Increased education staff confidence in identifying and supporting YAC • Increasing YAC social networks, reducing social isolation and loneliness . Our project offers better Information and advice for YAC in a place and at a time when it is needed will enable them to benefit from support at an earlier stage in their caring role and enable them to continue in their caring role for as long as they are able and willing to do so. We also offer a really supportive environment for YAC's to meet on a regular basis. This helps reduce their isolation and encourages them to share their feelings, talk about their caring role and give them time for themselves and to reflect away from their day to day environment.

**What are the key activities you will undertake with this funding?**

• Recruit a new experienced YAC Education Worker for 28 hours a week for two years covering Swansea. • Deliver a two year programme of regular training/information sessions to raise awareness of the issues facing YAC in further education, both with staff and students & to identify and support YAC. • Provide a 21 month programme of regular YAC drop in support sessions onsite on a rota basis to cover all campuses • Liaise with the designated YAC lead (if there is one onsite- if not work to designate a lead ) to devise strategies which will support YACs better with their attendance, ways of working and reach their full potential. • Provide YAC support in accessing/applying for educational, employment & training opportunities,

benefits, grants & funding • Hold regular YAC information stands onsite - during freshers week etc. • Develop YAC peer support groups • Develop publicity materials/resources for education settings to use in displays, inductions and information sessions. • Work with our Volunteer Co-ordinator to recruit a team of 10 volunteers & provide ongoing line management support for project volunteers including appraisals • Work co-productively with YAC/education staff • Work in partnership with others
<b>Who will be responsible for overseeing and delivering this work?</b>
• YAC Education Worker – responsible for delivering and reporting on this project and line managing 10 project volunteers. (the grant will fully fund this post) • Deputy Director/CEO - responsible for overseeing the project & line managing project staff (the grant contributes 10% of project costs towards project management costs) • Finance Officer – responsible for budgets, payments & financial reporting (the grant contributes 10% of project costs towards project management costs)
<b>How will your organisation continue to sustain this project after the grant ends?</b>
We want to sustain & develop our YAC project further with long term funding. It will continue to be YAC led & we hope to use the learning to co-produce a commissioned service or attract 3-5 year grant funding. Longer term funding has not been a priority with many funders due to the pandemic, they have offered COVID funding until end March 21. We are now seeking longer term funding for all of our services. We will recruit a team of volunteers to support to YACs in education settings and work with others such as Discovery (Student and Staff Volunteering at Swansea University - who currently have around 600 volunteers getting involved in over 30 voluntary projects all over the city) to sustain services for the long term.
<b>What expertise and track record do you have to be able to deliver this work successfully?</b>
We offer information, advice and support to carers 16+ to make life easier for the carer and the person that they care for. We provide opportunities to meet others, share experiences and work together to make things better for carers in the future. We offer welfare benefit advice, counselling service, hospital outreach support, respite, activities/ training, YAC, parent carer, Male carer, BAME carer, dementia carers services. volunteering opportunities, & regular peer support groups. We have a passionate team of 9 trustees, 29 staff, 70 volunteers, & over 9000 carers on our database. Over 65% of our staff/ volunteer team are carers/former carers themselves. Our Young Adult Carers project offers free help and advice for those aged between 16 and 25 and caring for someone in Swansea, we offer tailored personalised support for YAC in transition, supporting them with current and future aspirations. We have offered this service since 2015 are currently supporting 60 active YACs & employ one project officer for 28 hours a week. The project worker was a young/young adult carer themselves and understands what being a young carer means. We offer; • flexible one to one meetings with our YAC worker • weekly peer support group sessions (currently via Zoom) • monthly drop in youth club – when restrictions allow us • telephone/online/face-face support • help with benefits • practical help, including first aid • advocacy & information on YAC rights • activities, well-being sessions and training to socialise outside of the caring role • Signpost to relevant services Our YAC project has received past funding from Carers Trust, Sport Wales, Integrated Care Fund, Safe & Warm Fund, Moondance
<b>Explain how the grant will be spent?</b>
Education Project YAC Budget Year 1 Year 2 TOTAL Spend Salary £12.52 per hour 28 hrs/week 18229 18685 36914 NI 1300 1359 2659 Pension 3% 547 561 1108 Staff Training 200 200 400 Vol expenses @ .45 per mile 400 400 800 Travel 50 miles @ .45p per mile 1058 1058 2116 Information/marketing 3250 2735 6000 Overheads 10% 2498 2500 4999 Management fee 10% 2498 2500 4999 Total 29980 29998 59978 The grant will fund the new YAC Education Worker project for 2 years, covering the City & County of Swansea.
<b>Will you be receiving funding from any other sources for this project?</b>
No



Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.	
No	
Reason why not all staff have DBS checks.	
All staff /volunteers who will be working with vulnerable adults or young adults are DBS checked before starting their role. • We have a process in place for undertaking criminal record checks at the appropriate level (only for staff who require a check).	
Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£59978	1/4/2022
How much funding is required each year? (Maximum of £30,000 in year one.)	
Year 1	Year 2
£29980	£29998
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£667529	£674459
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£309656	

Organisation Name		Reference code
Trafford Carers Centre		2021-05-YC031
Organisation Address		
13 Warwick Road Old Trafford M16 0QX		
Website Address		
www.traffordcarerscentre.org.uk		
Type of organisation		
Charity	Registered Charity Number	Date Registered
Yes	1102075	2004
Community Interest Company	Registered Companies House Number	Date Registered
No	4695523	2003
<b>Please describe the needs that this project will address</b>		
<p>Through our discussions with Young Adult Carers we hear that having access to dedicated workers offering advice, guidance and support in schools and colleges would be easier for young people to engage who feel more relaxed away from the pressures of the caring environment. Young Carers discuss feeling unprepared emotionally and practically for adult life needing or wanting advice, guidance and support with daily living issues connected to successful independent living. By building better joint working relationships, strong partnerships with schools and colleges we have successfully raised awareness of carers issues, needs and built platforms for offering greater targeted emotional and practical support for young carers outside of the caring environment. We have identified that with dedicated workers working in partnership with schools and colleges alongside their pastoral support staff we can offer wide ranging practical and emotional support to young carers for example through the transition process from school to college settings and in accessing bursaries to facilitate attendance, resource purchase for courses, living and travel expenses. In October 2017 a Barnardo's survey of over 800 teachers ran to better understand the current provision for young carers in schools and the opportunities for improvement. Results revealed almost three quarters of teachers and 81% of head / deputy head teachers felt that schools had responsibility to refer young carers, but that 45% of secondary school teachers said they did not feel confident they would recognise a young carer and over a third (36%) said they did not feel confident about how to refer any young carers they did identify to external support services. The Children's Society in 2013 found that Young Carers have significantly lower educational attainments at GCSE achieving Ds as opposed to Cs. Our experiences and statistics indicate that once Young Carers leave secondary education their structured engagement with us significantly reduces. Between 1/4/20 – 31/3/21 we had the following contacts: 2284 contact engagements with Young Carers &amp; 552 contact engagements with Young Adult Carers which covered a diverse selection of areas including: Initial Calls, Conversations, Emotional Support, Advocacy Support, Reviews, Applying for Funds and Practical Life Skills. To meet the potential for growth in need, to develop appropriate provision and increase delivery in schools and colleges we must increase our team, currently two full time Support Workers, who are becoming overwhelmed with the volume and complexity of work. We feel that the addition a dedicated worker, working with this age range, would benefit our service and the service we provide for our Young Carers across educational establishments.</p>		
<b>What are the key outcomes that you will be seeking to achieve for young carers and/or young adult carers?</b>		

The key outcomes that we would expect to achieve would be as follows: • To see an increase in engagement with our service of Young Carers Adult Carers from the ages of 16+. • To see an increase in the emotional confidence and practical ability in preparedness of Young Carers to manage adult life. • To ensure that Young Carers have a strong network of Peer Support, knowledge of and ability to access different agencies, services, and resources across the UK. • To see a strengthening of Young Carers relationships with their local further education colleges and schools six forms. . To see an increase in Young Carers taking up further education, training or employment opportunities.

**What are the key activities you will undertake with this funding?**

The Dedicated Worker would be engaged with the following activities: 1. To work with schools and colleges to help to develop a whole school/college approach to raising awareness of caring and supporting children and young people who have caring responsibilities. 2. To provide support for Young Adult Carers and particularly those who may have fallen behind with their learning due to their caring responsibilities and the ongoing impact of Covid -19. 3. To provide support to young adult carers to continue in higher, further education, training and explore employment opportunities. 4. To address these areas the worker would be expected to: • Establish a series of exciting activities, groups and social events in order to develop relationships with the target group. • Set up a timetable of drop ins at schools/colleges for Young Adult Carers to have access to. • Attend college/6th Form open days to raise awareness of our service. • Support Young Adult Carers who wish to go onto University Education. • Gain an understanding and provide information about Apprenticeships. • Support with applications for grants to provide equipment/materials for college courses. • Research, design & develop appropriate Life Skills program

**Who will be responsible for overseeing and delivering this work?**

Trafford Carers Centre will oversee and manage this work delivered in partnership with schools and colleges pastoral staff. The Support Worker will report to the Senior Young Person Case Worker - This role will supervise the worker. None of the grant will fund the supervisors post. Trafford Carers Centre will promote the offer whilst the Support Worker will deliver this tailored support across a number of schools and colleges in Trafford.

**How will your organisation continue to sustain this project after the grant ends?**

We would look at different avenues for example to further fundraise for the post to be attached to our service; to encourage schools and colleges to embed the role function amongst their pastoral staff team or potentially to build the costs into the structure of our contract with local authority.

**What expertise and track record do you have to be able to deliver this work successfully?**

We have been offering different dedicated services to young and older Carers in Trafford for 25 years. Our current Young Carers staff team have a wealth of working experience of over 50 years working with young people in all settings and in particular working with young people in youth and community settings and within education in pupil referral units. Two quotes from teachers in Trafford schools: A teacher at a Primary School explained about a student "Jane is generally quite open and honest and seems to have instantly felt like she can trust you- which is lovely!" A teacher at a high school said "Thanks again for just being wonderful. I cannot express how differently Julie presented after speaking with you today, it just clearly has a huge impact for our young people knowing that people are looking out for them." The team work in a person centred way ensuring the young carers participate in finding their own solutions being very much involved in the research and design of the different services they receive. A young carer said "I like the different things we do it gives me a break from caring for my mum".

**Explain how the grant will be spent?**

The grant will fund 1 full time worker for 2 years - 25k per year 4k - Site costs in schools & colleges, purchase resources such as: laptop, mobile phone (contract calls/data), mobile Wi-Fi hub (contract cost), exhibition stands, mobile projector & travel costs.

<b>Will you be receiving funding from any other sources for this project?</b>	
No	
Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.	
Yes	
Reason why not all staff have DBS checks.	
Total funding requested in this application over 2 years (maximum £60,000 over two years)	Proposed grant start date
£58000	12/1/2021
How much funding is required each year? (Maximum of £30,000 in year one.)	
Year 1	Year 2
£29000	£29000
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£644517	£576049
What value of reserves/assets did your organisation have at the end of the most recent financial year?	
£87000	