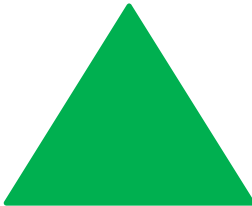


Organisation Name: Hillingdon Carers	
Grant Details: Total Grant: £60,000 Amount funded to date: £60,000 Amount remaining: £0 Start date: 01/11/21 End date: 31/10/23 Date of Report: 15/11/23	
Grant Summary We will have a fixed-term dedicated Schools Outreach post that will undertake the four proposed project elements: Young Carers in Schools programme, Volunteer Mentor Scheme, Schools Information pack and Schools Network group. S/he will coordinate support packages for young carers across all Carers Trust Hillingdon Services, the wider Young Carers team, schools and families and with other agencies as appropriate. Schools Outreach Officer - 1FTE - £27,000 plus £3,000 on costs and overheads - £30,000 p.a. x 2 years = £60,000	
Grant Performance This grant has been hugely successful in helping Hillingdon Carers to expand their work in schools and subsequently increase support to local young carers. The quality of the work that has been undertaken has been high and the take up of schools to engage with Hillingdon Carers demonstrates the reputation they have locally. The ambition of the project has been exceeded by the results that have been achieved and as a result of the funding their support for young carers has grown significantly. New partnerships with Brunel University and others have added to the impact of the work that has been undertaken and the setting up of network meetings has clearly tapped into a current need and desire locally to invest in the ability of teachers to meet the needs of young carers. The project lead accessed mentoring support through the Spark Programme and was extremely positive about the impact this had on their own personal development. The project was also proactive in initiating ongoing interactions with other grantees from their cohort to share information and continue developing their own practice.	

Please complete all sections of this form ensuring that each answer is no more than 150 words.

In your application you told us what you expected the three key achievements of your grant to be. The progress towards those results should form the basis for your annual report to us and should link back to Triangle Trust's overall strategy goal and strategy outcomes. These are shown below.

Feel free to add evidence to demonstrate how the delivery of our grant has progressed e.g. statistics, opinions of beneficiaries, case studies, independent feedback, press coverage or reviews. Include whatever evidence you have that you feel may help tell the story of the year. If target numbers were included in your expected key achievements, please add number achieved in the last year.

We understand that goals change and need to be refined and you may find better ways to secure positive outcomes. As well as the expected results we are also interested in hearing about the unexpected outcomes and finding out about why things may not have worked as well as you planned.

Please include a case study when submitting your report that illustrates the work that you are doing and some of the success that has been achieved with the young people you are working with as a result of this grant.

Organisation name	
Hillingdon Young Carers	
Grant start date	Grant reference (see grant letter)
01/11/21	2021-05-YC016
Reporting period start date	Reporting period end date
01/05/23	31/10/23

Young carers strategy overall goal
<i>Improved education outcomes for young carers and young adult carers</i>
Young carers strategy outcomes
<i>Young carers are supported to avoid lower exam results than their peers and reduce the amount of missed time in school</i>

1. Progress made towards the first expected key achievement?		
We will support schools to engage with the national Carers Trust 'Young Carers in Schools' programme and will work with them to improve effective practice in supporting young carers in schools through our relationships with pastoral staff.		
Measures for this achievement	Target date	Progress towards these measures

1a.	At least eight schools per year will be either providing targeted support to improve educational, social and psychological outcomes for young carers and/or will be working to achieve an award through the Carer Trust 'Young Carers in Schools' programme.	31/10/23	<ul style="list-style-type: none"> - 10 schools have worked in partnership with Carers Trust Hillingdon to improve their support to young carers since November 2022, taking the overall total to 18 schools since the start of the grant. - Eight of the 10 schools have achieved their bronze award and 2 are working towards this - Each of the 10 schools now has both a young carers operational lead and a young carers SLT lead - All schools have a pupil and staff noticeboard dedicated to young carers - All schools have a dedicated young carers section on their website - Oakwood School (secondary) now has their own young carer after-school club in addition to 6th form ambassadors/peer mentors - William Byrd now deliver their own weekly young carer support sessions, led by their mental health coordinator - Oakwood School planned and funded their second young carer's fun day in July 2023 attended by over 25 families
1b.	At least eight schools per year will have an improved young carer identification and referral rate	31.10.2023	<ul style="list-style-type: none"> - All 10 schools have an improved young carer identification rate as a direct result of this project. We received 81 referrals from the target schools during the monitoring year compared to 21 in the same period in 2021/2022 - Referrals from schools now make up 39% of our total new referrals (102 of 263 new referrals Nov22-Nov23) - Every school has evidenced an increase in their known young carer cohort, with the biggest increase being in Oak Wood Secondary school Lane where their young carer pupils have risen from 1.7% of the school population to 4.7% - 100% of the target schools reported that staff and pupil awareness and the identification of young carers has improved as a result of the project (Feedback survey, July 2023)
1c.	At least 12 School outreach presentations delivered in schools p.a	31.10.2023	<ul style="list-style-type: none"> - 2 x school coffee morning parent presentations - 8 x parents evening stalls - 1 x Open evening - 1 x teacher training presentation - 3 x governor presentations - 3 x Brunel PGCE student presentations
1d	Eight new schools signed up for the Carers Trust national Young	31.10.2023	<ul style="list-style-type: none"> - 10 schools have committed to achieving their YCiS accreditation with eight having achieved their bronze award since November 2022

	Carers in Schools programme		- Since the start of the grant, 16 schools have achieved their bronze award, two are now working towards their silver
2. Progress made towards the second expected key achievement?			
We will provide support to improve the mental health and resilience of young carers to ensure they are able to attend, engage and achieve in education.			
Measures for this achievement		Target date	Progress towards these measures
2a	We will develop a minimum of two external partnerships with providers who can deliver additional mental health support for young people	31.10.2023	<ul style="list-style-type: none"> - We have formed a partnership with Give Space, a local Community Interest Company, who provide psychotherapy and drama and movement therapy. This has enabled us to provide a six-week course of wellbeing sessions to young carers in one primary and one secondary school - We have developed a relationship with St John's Ambulance and, as a result, have provided Young Responders training to young carers in five secondary schools. The training addresses both physical first aid, such as recovery positioning, choking, and bleeding, alcohol intoxication, street violence and mental health awareness
2b	98% young carers will self-report a positive movement in their PANOC (Positive and negative outcomes of caring) assessment pre- and post-intervention	31.10.2023	<ul style="list-style-type: none"> - 97.4% young carers reported a positive movement in their PANOC assessment pre- and post-intervention from the schools project - We assessed an average 6.69 positive movement following engagement with the project (best score achievable is 20 in total). The young carer with the most progress moved a whole 15 points!
2c	100% young carers participating in the school programme have access to a 'trusted' adult outside the home and school setting via Mentors or CTH team	31.10.2023	<p>Since November 2022:</p> <ul style="list-style-type: none"> - 100% (293) young carers supported by the schools programme have had access to a 'trusted' adult outside the home and school setting - We have delivered 123 sessions including small group work and 1:1's for high need young carers resulting in 1296 young carer attendances
2d	Schools will report	31.10.2023	School staff feedback survey undertaken July 2023:

	improvements in young carer pupil engagement and self esteem		<ul style="list-style-type: none"> - 78% felt that their young carer pupils were more engaged at school as a result of the school outreach project - 87% noted an improvement in confidence and self-esteem - 71% young carers stated they enjoyed school more since engaging with the project
3. Progress made towards the third expected key achievement?			
We will have a team of at least 8 trained volunteer Mentors working in schools, via zoom or in community venues providing curriculum support in Maths and English to young carers that need the extra help or general support and advice.			
Measures for this achievement		Target date	Progress towards these measures
3a	Four new volunteers (a total team of 8) are recruited, DBS checked, complete mandatory safeguarding and other training and are supporting young carers to catch up or progress with key subjects		<ul style="list-style-type: none"> - We have recruited five new volunteer mentors since November 2022, taking the total team to 11 - All 11 volunteer mentors have been DBS checked, completed mandatory training, and receive on-going support, advice, and training
3b	Four new volunteer mentors are supporting young carers to catch up or progress with key subjects	31.10.2023	<ul style="list-style-type: none"> - Seven schools have benefited from the volunteer mentoring programme, receiving regular and on-going one to one support for young carers struggling in Maths and English
3c	Monthly sessions/progress reviews between pastoral staff, mentors and CTH for each school	31.10.2023	<ul style="list-style-type: none"> - Regular support sessions and progress reviews between mentors, schools' staff and CTH - Weekly update telephone calls between the mentor and CTH to share challenges and successes and address issues as they arise

	supported by volunteer mentors		
4. Optional – please detail progress towards the additional expected achievements you told us about.			
In year two, we identified showcasing good practice to encourage replication more broadly across other schools as a planned activity. We will do this through the development of a programme of networking sessions and invite schools to share how they are innovating in supporting young carers.			
Progress towards these:			
<p>During the past six months, we have had great success with the initiation of a School Networking group, providing an opportunity for our partner schools to come together to share good practice and learning. It also provides an opportunity for key school staff to meet informally and promotes communication and the sharing of information and knowledge about individual young carer pupils which is especially important for the transition between primary and secondary school.</p> <p>The network has been extremely well-received and well-attended with the last session reaching 11 participants from individual schools. The network meets six-weekly and we have developed a training programme to offer additional support to staff in areas that are particularly relevant to young carers, for example trauma, regulation, and confidence building. We have also arranged a timetable for external organisations to attend these meetings to provide information about the services that they provide that could be beneficial to the school's young carer cohorts.</p>			

5. Please tell us a little bit about the young people you have worked with over the past 12 months <u>with our funding</u>. We are keen to understand how many young people who have received support fall into one of our priority groups.	
Total number of young people worked with	293
Number of young people from BAMER communities	150
Number of young women	166
Number of young people with experience of the care system	66

6. Please tell us about the young people you have worked with over the full funding period of your grant. We are keen to understand how many young people who have received support over the past 24 months fall into one of our priority groups. (Please only include young people directly supported through Triangle Trust funding)	
Total number of young people work with	467
Number of young people from BAMER	224

communities	
Number of young women	261
Number of young people with experience of the care system	97

7. Did any aspect of the grant delivery not progress as expected and were any subsequent changes made? Please answer in no more than 150 words.

Aside from changing the way we distribute the Schools Information Packs (as detailed in previous reports), all aspects of the grant delivery were as expected and we exceeded original targets in many outcomes – working with two more schools than originally planned.

8. Did the expected results of the grant remain the same or did they change? If they changed, tell us why and detail what this helped you to achieve. Please answer in no more than 150 words.

As above, the expected results remained the same as detailed in our original application.

9. Were there any unexpected outcomes from the project that you had not planned for?

We were particularly pleased with our mutually-beneficial partnership with Brunel University as this allowed us to recruit competent and committed PGCE students as volunteer mentors to provide tutoring in maths and English. Originally on a 72 hour volunteering placement, many chose to continue beyond the required hours and one offered her time to support our mainstream clubs and activities during the summer holidays. In addition to the volunteer mentors, this new partnership has provided additional opportunities such as inclusion at university-run activities and free room-hire for our own events.

10. Is there anything you have not included elsewhere in the report that you feel we should know? E.g. you might have some wider reflections about the impact of the grant overall both within your organisation and beyond. Please answer in no more than 150 words.

This grant has enabled us to establish a hugely successful school outreach programme and enabled us to bid for additional funding to support the development of this highly-valued service. As a direct result of the grant, we have been able to provide regular and on-going support to 467 young carers, many of whom would have been previously 'hidden'. Not only have these young people now been identified, and subsequently supported by our mainstream carer services, they are also recognised by their teachers, pastoral staff, and their peers and many now take pride in their caring role and

achievements. The fact that we now have a waiting list of schools, and that staff from existing schools are willingly taking time to attend our network meetings, demonstrates the value they place on the service and allows us to feel confident that the impact of the project will continue beyond our intervention.

11. Please tell us of any safeguarding concerns that were raised during the year and how these were dealt with.

We have not made any independent MASH referrals during this past funding year but we have shared information with schools where young carers have raised issues that cause concern during one to ones and group meetings. One such example is a female young carer, 14 years, who was in contact online with an older male – the school were notified and a plan was put in place to safeguard the young person including family liaison and work around healthy relationships and online safety.

We continue to support a number of young carers who are subject to child in need or child protection plans. We work alongside other professionals to offer our support to these young carers as part of their plan. Any concerns or issues are always raised as per our safeguarding policy.

12. Please briefly outline the support that you have received through the Cranfield Trust via the Spark Programme. Please tell us what this has helped you to achieve. Please use this as an opportunity to update the information you provided in your end of year 1 report rather than just repeating this.

We primarily used the Cranfield Trust support offer in Year 1 of the grant as previously detailed, however, the peer 2 peer network and the one-to-one mentoring undertaken at the outset has had an on-going impact throughout the life of the grant. We were able to share materials with other grant holders and implement some of the ideas and suggestions gained during the network, indeed our project lead met online with another funded project outside of the facilitated meetings to share documentation. In Year 2 we have received regular updates from the Cranfield Trust and the opportunity to undertake various training courses.

13. Please complete the budget report to show how your expenditure compares to your original budget (this is in your year 2 reporting form that you completed at the end of year 1 of your grant).

Please also email us a copy of your latest annual report and full accounts independently examined by a qualified accountant covering the last 12 months (if you have not already sent them).

Predicted

Actual

FTE Schools Outreach Officer	£27,000	£27,000
Project Overheads	£ 3,000	£3,000
Total	£30,000	£30,000
	£	£
	£	£
	£	£
	£	£
	£	£

If you have unspent funds of more than 20% of the value of the first year of your grant please explain how this has occurred and how this will be spent in year 2.

N/A

14. Please include a case study about a young person who has benefited from the support you were able to provide through this grant.

PM is a nine year-old young carer for his mother who has mental health issues and his father who has a heart condition. His parents' relationship is extremely volatile and complicated and this has negatively affected him, causing him to be overly-emotional and anxious about his own health, reluctant to attend school and struggling to develop positive relationships with his peers. We arranged a home visit to carry out an initial assessment of needs and then engaged PM with the School outreach programme where he was able to access 1:1 support sessions until he felt comfortable enough to join a small group. He really valued the opportunity to speak to a trusted adult, share his worries and work on strategies to manage his emotions. In time, he enjoyed participating in small group activities and benefitted from the interaction with peers who understood his home situation. We were able to liaise with the school and share PM's anxieties and they were able to put additional support in place including a named staff member for him to reach out to when needed. Both his attendance and engagement have greatly improved and his mum is now in regular contact with the school which ensures that issues can be addressed as soon as they arise. PM has now begun to engage with trips and activities and regularly attends our Tuesday after-school club. He has made new friends, grown in confidence and is visibly happier. Mum has feedback that he is more settled and less anxious and this has had a positive impact on her own mental health.

Date Completed
15th November 2023

Please return this completed form along with a short case study by email to info@triangletrust.org.uk