

Young Carers Grant Final Report Summary

Organisation Name: Signpost Stockport for Carers

Grant Details:

Total Grant: £38,570

Amount funded to date: £38,570

Amount remaining: £0 Start date: 01/11/21 End date: 31/10/23 Date of Report: 06/11/23



Grant Summary

Post- COVID, more Stockport schools have recognised the need to enhance their support. We have had more requests than ever to help/advise them how to set up their own groups/additional support.

Currently we do not have the staff time to do this.

A dedicated worker could deliver on this theme. We see it as an innovative and sustainable way to create a stronger network of support across more schools, ensuring that Young Carers feel better supported both educationally and emotionally.

In Stockport there are 89 primary schools and 14 secondary. We would like to include as many schools as possible in the project.

Worker - term time only 30 hours per week @£15500 per year.

Contribution to management cost/supervision @£1,500 per year.

Contribution to project costs - development resources for groups/training etc @£1000

Contribution to running costs - travel, IT support, telephone, rent @£1000

Total per year = £19k Total requested = 3£8k

Grant Performance

This grant has made a significant difference to the work that Signpost has been able to do with schools in Stockport. The worker they recruited was exceptionally good at being able to engage with key personnel across schools and build some really strong relationships that have enabled high levels of participation from teaching staff. The engagement of young carers in producing resources has also been a real strength of this project and has enabled Signpost to develop a set of tools that have helped to amplify the needs of young carers locally.

The work that has been done with the support of the Cranfield Trust has added huge value to this grant. Signpost were engaged and active members of the Peer 2 Peer Exchanges and also made huge use of the consultancy and mentoring services. The consultant helped them to secure the local authority tender which has provided vital stability to the charity and the mentoring that is ongoing provides staff support and development that would not be accessed otherwise.



Please complete all sections of this form ensuring that each answer is no more than 150 words.

In your application you told us what you expected the three key achievements of your grant to be. The progress towards those results should form the basis for your annual report to us and should link back to Triangle Trust's overall strategy goal and strategy outcomes. These are shown below.

Feel free to add evidence to demonstrate how the delivery of our grant has progressed e.g. statistics, opinions of beneficiaries, case studies, independent feedback, press coverage or reviews. Include whatever evidence you have that you feel may help tell the story of the year. If target numbers were included in your expected key achievements, please add number achieved in the last year.

We understand that goals change and need to be refined and you may find better ways to secure positive outcomes. As well as the expected results we are also interested in hearing about the unexpected outcomes and finding out about why things may not have worked as well as you planned.

Please include a case study when submitting your report that illustrates the work that you are doing and some of the success that has been achieved with the young people you are working with as a result of this grant.

Organisation name			
Signpost Stockport for Carers			
Grant start date	Grant reference (see grant letter)		
02/11/21	2021-05-YC027		
Reporting period start date	Reporting period end date		
02/11/22	01/11/23		

Young carers strategy overall goal

Improved education outcomes for young carers and young adult carers

Young carers strategy outcomes

Young carers are supported to avoid lower exam results than their peers and reduce the amount of missed time in school

1. Progress made towards the first expected key achievement?

We have continued to raise awareness of the impact that caring can have on young carers educational outcomes. At the end of our project we have made significant progress in developing our relationships with schools/colleges and improving the overall support for young carers throughout their education.

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Key outcomes

The Census – a platform to raise awareness of the needs of young carers and encourage schools to engage with our service.

The results from the census March 2023 have enabled us to complete a mapping exercise of all Stockport Schools. This data has been shared with the Director of Education regarding which schools are clearly underreporting and who need to actively engage with our training and support services, so all young carers in Stockport receive the support they are entitled to.

The findings:

- 43 Primary schools reported 0 young carers
- 5 Secondary Schools reported 0 young carers
- 4 Primary Schools under-reported their Young Carers
- 1 Secondary School under-reported their Young Carers

This has left over **100 known young carers** in our service being under-represented in their schools. If we look at the national statistic that **1 in every 12 pupils is a young carer**, then Stockport should have identified around **3800** Young Carers, only **280** were identified on the 2023 School Census. We have around **380** Young Carers active in our service at present.

Our Professional Training Event November 9th, will focus on the 2024 census and we will be asking;

- Do you know who your young carers are in school?
- Who was inputting the data in the Census and was it a matter of a single human error?
- Are your staff and pupils aware of young carers and do they know they have the right to an assessment?
- Has your school engaged with us and had staff training and school assemblies?

National Award Scheme

We have been able to support schools to apply for the highly respected Children's Society National Award Scheme. For those schools who have the award the evidence is clear that young carers are better supported to reach their full potential.

Due to the funding from the Triangle Trust our relationship has become even stronger with our Stockport Schools and we are pleased to announce that we have the **first Primary school in the Northwest to achieve the Gold award – Arden Primary, Bredbury Stockport.**

Measures for this achievement		Target date	Progress towards these measures
1a.	Continue to target those schools who are not providing any provision for young carers, using the platform of the census.	September 23	In year 1 - we have actively worked with 10 secondary schools and 18 primary schools, including a pupil referral unit. All have accessed our training and are providing some provision for young carers. As a result, referrals from schools/colleges have increased by 30%.

			5 secondary schools are providing a regular support group for young carers.
			6 primaries are holding termly wellbeing activities for young carers to access.
			Year 2 – we will continue to try to engage with 3 remaining secondary and an additional 20 primaries.
			End of project – An additional secondary school accessed our training and a further 10 primary schools.
			8 secondary schools are now providing in house support groups for young carers.
			15 primary schools offering drop in and well being activities.
1b.	1b. Continue to offer schools who wish to apply for the Young Carers in Schools Awards, including visits to look at current systems, policies 1c. Development of resources for schools to use to set up their own in house provision. September 2023 September 2023 Resources Visits to schools ongoing	•	Year 1 - 17 schools in Stockport supported by ourselves now have the Young Carers Award – 4 have the Gold, making us one of the top 3 Local Authorities – with the most awards.
			Those with the award have actively worked with us to provide in house provision.
			Year 2 – currently an additional 4 schools are in the process of applying for the award and our goal will be a further 10.
			End of project - In total we now have 5 Gold Standard Awards in Stockport, another Gold Primary pending and 16 Bronze holders, the most in the UK! This is not an easy award to get and requires a great deal of evidence and hard work, to ensure young carers voices are heard and they have access to respite opportunities within their school settings.
1c.		Year 1 – we have created a number of resources including; • 2 films to use for training purposes and the promotion of the National Young Carers in Schools Award. Signpost Young Carers - YouTube This is a short introduction of our service and our	
			work with schools. https://youtube.com/watch?v=i-5lnloFD- M&si=EnSlkalECMiOmarE A longer film used in training sessions.

		 Simple step by step guide for applying for the award, what evidence they need and what support we can offer. Guide how to set up a young carers group in school/college, ideas and examples given. Templates to use to advertise in schools and advice how to involve young carers. Regular newsletter sent to schools (see attached) Creative sessions have been delivered in 5 secondary schools to encourage participation and support schools to develop their in house group. Year 2 – new posters and leaflets being developed for schools/colleges. Film to highlight the needs of Young Adult Carers to raise awareness in colleges and 16+ services. Film will involve contributions from YAC's. End of project –as above and additional films. https://youtu.be/qGMhwUCLoGo?si=wySks2arBaNOFn0K https://youtu.be/qAupb3BcoJo?si=xsdNdXM31L5jR6
1d	Development of peer mentoring programmes. Enabling young carers to take an active role in their school, training and volunteer in our respite group sessions.	Year 1- 10 young adult carers participated in the peer mentoring programmes, 4 of whom are supporting groups in their school/colleges. Taking part in delivering training events and involvement in our films. Year 2 – Programme will run again, target number 10. End of project – programme completed year 2. Ambassadors Programme Werneth – see below case study.
2. Progress made towards the second expected key achievement? Support for young carers will be embedded throughout school practice, leading to greater identification, improved educational outcomes and the overall well-being of our Stockport Young Carers		



Measures achieveme		Target date	Progress towards these measures	
2a	Continue to raise awareness across the Local		Year 1 – delivered a workshop to the annual Stockport Governors Conference, including contribution from 2 young carers.	
Authority, including Safeguarding Board, Governors.	including Safeguarding Board,		4 professional training sessions for schools/colleges. Average attendance has been 10 representatives. Training focuses on good practice, the National Award Scheme, useful resources and a guide on how to develop in house support.	
	of school census policy.		2 sessions delivered to the Stockport Safeguarding board.	
			Year 2 - Above to be completed at the end of year 2 including specific training on the Census responsibilities.	
			End of project – Professional Training Event 9 th November 2023 – focusing on Census responsibilities, targeting those schools who reported zero on the first return.	
			Workshop delivered to Governors Conference and Safeguarding board.	
2b Continue to work closely with school leads to identify			Year 1 - Number of TAC's attended 70 attended by the whole team, enabling us to identify those young carers struggling with attendance and attainment issues and in need of extra support.	
	young carers struggles with attendance issues through the Team Around the Child		School support team average caseload 20 at any one time.	
			To continue in year 2 – 80 TAC's attended, supporting young carers and families to have their voice heard and access additional support.	
	Process		End of project - as above	
2c	Continue to provide information to schools/colleges at transition points with regards to the young carers known to our service. To provide early intervention and support.		Year 1 - Summer 2022 - we held our first transition day at The Heatons Centre, focusing on practical and emotional issues raised by young carers. 20 young carers attended. Main issues raised; • Would their new school know about their caring responsibilities? • Are there other young carers there? • Who do they go to if they need help? All received information about who to go to for support.	



		End of project – we are in the process of completing a full evaluation with the schools who have engaged with us on this project, in particular to look at where we have made an impact in terms of attainment and attendance. This is being supported by the Director of Education.
		To continue in Year 2.
		 Are better able to cope with their caring role. Feel better supported in school and more confident to ask for help. Feel less alone and know there are other young carers in their school.
		Individual young carers complete an evaluation form before their one to one sessions, scoring their wellbeing/worries etc and then completing again after one to one sessions completed to see where we have made a difference. Main areas where young carers have reported a difference;
		 their knowledge of young carers has increased. they are more aware of the indicators to look out for. looking and developing their support systems to help and identify young carers.
	tools/resources	Schools are asked the impact of training received from ourselves, e.g. number of new young carers identified. Key feedback from schools as a result of training;
2d	Create evaluation	Year 1 – evaluation tools have been created for both schools and individual young carers to complete.
		End of project – transition day took place in August 2023 and attended by 22 young carers.
		To be completed again Summer at the end of year 2.
		All 20 received a visit in the first 4 weeks of being in school to check on how they were settling in and ensuring the young carers' leads were aware of their support needs.
		Feedback was that they felt less worried about moving schools and reassured they would be able to access further support.
		Explained how we would be supporting them.Reassured them that information has been sent re their caring role and support needs.



Young carers will have a voice and the opportunity to contribute to making real changes in their school which will have a lasting impact for all Stockport young carers.

Measu achiev	res for this ement	Target date	Progress towards these measures
3a	Deliver 2 nd peer mentoring programme to encourage young carers to participate in training, volunteering opportunities and their school.		End of project– peer mentoring programme took place. Leading to an additional 5 young carers supporting our training events.
3b	Feedback young carers		Feedback collated will be shaping Stockport New Carers Strategy overseen by Stockport Council.
3c	Celebration Day/Stakeholder Day		Organised for March 28 th , will include contributions from young carers and a celebration of our work in schools. Stakeholders to be invited. (End project see below)
3d	Buddy system		Year 1 – 58 new young carers have been buddied up this year in groups and school. Year 2/end of project – 60 new young carers were buddied up.

4. Optional – please detail progress towards the additional expected achievements you told us about.

Additional raising awareness and creative activities.

Progress towards these:

Young Carers Mural Competition

We are launching a young carers art competition in schools to create a large-scale mural here at Signpost HQ to celebrate all things YC. This will align with **National Young Carers Action Day on Wednesday the 15th of March 2023.** From our work and conversations with our young carers we know there are many positive aspects and outcomes from being a carer. We want to capture these in any creative form, 2D or in relief, creative writing, photos, collage, digital printed imagery etc.

Stakeholder Event 28th March

On March 28th we held our first large scale Stakeholder event, a fantastic evening with a large and wide-ranging crowd of attendees including Local Councillors, Heads and Teachers, representatives from our other linked organisations and Carers and their families. Papula and Aaliyah, two of our 18 plus young carers, talked openly about their experiences, both positive and negative, and about the support they have had from Signpost. Joined by Linda, one of our adult carers, whose Grandson is supported by the young carers Team, the event showcased Signpost's wide-ranging work across the Borough. Our Counsellors, Family

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5. Please tell us a little bit about the young people you have worked with over the past 12 months with our funding. We are keen to understand how many young people who have received support fall into one of our priority groups.

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Total number of young people worked with	130
1 (20
Number of young people from BAMER communities	20
Number of young women	70
Inditibet of young women	10
Niverban of versa manufactible compaigness of the same	0
Number of young people with experience of the care	2
system	
System	
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6. Please tell us about the young people you have worked with over the full funding period of your grant. We are keen to understand how many young people who have received support over the past 24 months fall into one of our priority groups. (Please only include young people directly supported through Triangle Trust funding)

Total number of young people work with	280
Number of young people from BAMER	35



communities	
Number of young women	150
Number of young people with experience of the care system	2

care system
7. Did any aspect of the grant delivery not progress as expected and were any subsequent changes made? Please answer in no more than 150 words.
No
8. Did the expected results of the grant remain the same or did they change? If they changed, tell us why and detail what this helped you to achieve. Please answer in no more than 150 words.
We are pleased that due to the skills Johnny has brought to the team, the project has been extremely creative in its approach, which has increased the participation and engagement of both schools and young carers.
9. Were there any unexpected outcomes from the project that you had not planned for?
10. Is there anything you have not included elsewhere in the report that you feel we should know? E.g. you might have some wider reflections about the impact of the grant overall both within your organisation and beyond. Please answer in no more than 150 words.
11. Please tell us of any safeguarding concerns that were raised during the year and how these were dealt with.
None
12. Please briefly outline the support that you have received through the Cranfield Trust via the Spark Programme. Please tell us what this has helped you to achieve. Please use this as an opportunity to update the information you provided in your end of year 1 report rather than just repeating this.
The support from the Cranfield Trust was extremely valuable. The Journey to Excellence exercise

The support from the Cranfield Trust was extremely valuable. The Journey to Excellence exercise enabled us to identify gaps in all aspects of our service. The volunteer assigned to us (Richard) was extremely helpful in bringing together the whole staff team to focus on our strategic plan for the next 3

For example, in the Leadership & Strategic Direction area we saw a really significant shift from 52% pre-project to 77% post-project.

Richard continues to support our service and myself, in the form of one to one coaching sessions. His knowledge and experience in the Charity sector and education has been invaluable.



13. Please complete the budget report to show how your expenditure compares to your original budget (this is in your year 2 reporting form that you completed at the end of year 1 of your grant).

Please also email us a copy of your latest annual report and full accounts independently examined by a qualified accountant covering the last 12 months (if you have not already sent them).

Predicted		Actual	
Management Supervision	£1500		£1500
Project Costs/development of resources/group support/training.	£1000		£1000
Running costs, travel, rent, etc	£1000		£1000
Salary costs £16000			£16000
Total	£19500		£19500
	£		£
	£		£
	£		£
	£		£

If you have unspent funds of more than 20% of the value of the first year of your grant please explain how this has occurred and how this will be spent in year 2.

14. Please include a case study about a young person who has benefited from the support you were able to provide through this grant.

Young Carer School Ambassador Programme

Johnny has been working closely with Heart Department Pastoral Team at Werneth High School to establish a working group of Young Carer Ambassadors. Werneth have 55 Young Carers and 8 of their Year 9 and 10 young carers have come forward for the role.

The ambassadors have set up support for all new Year 7 young carers, including drop in groups with a member of pastoral staff. Chole, a very active ambassador, has been helping Johnny (Signpost) to deliver assemblies and PSHE lessons. Chole has been telling her story of being a young carer to her peers and staff.



Feedback from Chole

I feel proud that I am able to represent young carers in my school. Telling my story has been hard but all my friends and people I don't know have said to me, they have learnt so much and it has made them think about how difficult it can be for young carers in school. I feel I have so much more support now and feel less alone.

Feedback from school

Before this programme, Chole felt very alone, she thought she was the only young carer in the school and that her friends did not understand. Telling her story to the whole school has created more knowledge and understanding of young carers. Chole has grown so much in confidence and the role has enabled her to develop her skills around leadership and peer mentoring.

Date Completed 31/10/23

Please return this completed form along with a short case study by email to info@triangletrust.org.uk